# To all beneficiaries enrolled in a Prepaid Health Plan (PHP): for questions about benefits and services available on or after implementation, please contact your PHP.

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## NC Medicaid Noninvasive Pulse Oximetry

## Medicaid Clinical Coverage Policy No: 1A-3 Amended Date: August 15, 2023

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### 1.0 Description of the Procedure, Product, or Service

Noninvasive pulse oximetry measures oxygen saturation using a probe. Oxygen saturation is determined by measuring the light absorption of oxygenated hemoglobin and total hemoglobin in arterial blood.

#### 1.1 Definitions

None Apply.

### 2.0 Eligibility Requirements

#### 2.1 **Provisions**

#### 2.1.1 General

# (The term "General" found throughout this policy applies to all Medicaid policies)

- a. An eligible beneficiary shall be enrolled in the NC Medicaid Program (Medicaid is NC Medicaid program, unless context clearly indicates otherwise);
- b. Provider(s) shall verify each Medicaid beneficiary's eligibility each time a service is rendered.
- c. The Medicaid beneficiary may have service restrictions due to their eligibility category that would make them ineligible for this service.

#### 2.1.2 Specific

(*The term "Specific" found throughout this policy only applies to this policy*) a. <u>Medicaid</u>

None Apply.

#### 2.2 Special Provisions

#### 2.2.1 EPSDT Special Provision: Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age

#### a. 42 U.S.C. § 1396d(r) [1905(r) of the Social Security Act]

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) is a federal Medicaid requirement that requires the state Medicaid agency to cover services, products, or procedures for Medicaid beneficiary under 21 years of age **if** the service is **medically necessary health care** to correct or ameliorate a defect, physical or mental illness, or a condition [health problem] identified through a screening examination (includes any evaluation by a physician or other licensed practitioner).

This means EPSDT covers most of the medical or remedial care a child needs to improve or maintain his or her health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems. Medically necessary services will be provided in the most economic mode, as long as the treatment made available is similarly efficacious to the service requested by the beneficiary's physician, therapist, or other licensed practitioner; the determination process does not delay the delivery of the needed service; and the determination does not limit the beneficiary's right to a free choice of providers.

EPSDT does not require the state Medicaid agency to provide any service, product or procedure:

- 1. that is unsafe, ineffective, or experimental or investigational.
- 2. that is not medical in nature or not generally recognized as an accepted method of medical practice or treatment.

Service limitations on scope, amount, duration, frequency, location of service, and other specific criteria described in clinical coverage policies may be exceeded or may not apply as long as the provider's documentation shows that the requested service is medically necessary "to correct or ameliorate a defect, physical or mental illness, or a condition" [health problem]; that is, provider documentation shows how the service, product, or procedure meets all EPSDT criteria, including to correct or improve or maintain the beneficiary's health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

#### b. EPSDT and Prior Approval Requirements

- 1. If the service, product, or procedure requires prior approval, the fact that the beneficiary is under 21 years of age does **NOT** eliminate the requirement for prior approval.
- 2. **IMPORTANT ADDITIONAL INFORMATION** about EPSDT and prior approval is found in the *NCTracks Provider Claims and Billing Assistance Guide*, and on the EPSDT provider page. The Web addresses are specified below.

NCTracks Provider Claims and Billing Assistance Guide: https://www.nctracks.nc.gov/content/public/providers/providermanuals.html

EPSDT provider page: <u>https://medicaid.ncdhhs.gov/</u>

### 3.0 When the Procedure, Product, or Service Is Covered

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.

#### 3.1 General Criteria Covered

Medicaid shall cover the procedure, product, or service related to this policy when medically necessary, and:

- a. the procedure, product, or service is individualized, specific, and consistent with symptoms or confirmed diagnosis of the illness or injury under treatment, and not in excess of the beneficiary's needs;
- b. the procedure, product, or service can be safely furnished, and no equally effective and more conservative or less costly treatment is available statewide; and
- c. the procedure, product, or service is furnished in a manner not primarily intended for the convenience of the beneficiary, the beneficiary's caretaker, or the provider.

#### **3.2** Specific Criteria Covered

#### 3.2.1 Specific criteria covered by Medicaid

- a. Noninvasive pulse oximetry is covered when it is medically necessary to evaluate conditions commonly associated with oxygen desaturation.
- b. Continuous overnight pulse oximetry is covered when a beneficiary would otherwise require hospitalization solely for continuous overnight monitoring. The oximeter must be preset, self sealed, and not adjustable by the beneficiary or anyone in the home.
  - 1. The device must provide a printout that documents an adequate number of sampling hours, percentage of oxygen saturation, and an aggregate of the results.
  - 2. The results of the test must be reliable and maintained in the medical record.

#### 3.2.2 Medicaid Additional Criteria Covered

None Apply.

## 4.0 When the Procedure, Product, or Service Is Not Covered

# Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.

#### 4.1 General Criteria Not Covered

Medicaid shall not cover the procedure, product, or service related to this policy when:

- a. the beneficiary does not meet the eligibility requirements listed in Section 2.0;
- b. the beneficiary does not meet the criteria listed in Section 3.0;
- c. the procedure, product, or service duplicates another provider's procedure, product, or service; or
- d. the procedure, product, or service is experimental, investigational, or part of a clinical trial.

#### 4.2 Specific Criteria Not Covered

#### 4.2.1 Specific Criteria Not Covered by Medicaid

Medicaid shall not cover routine testing (in the absence of signs or symptoms suggestive of desaturation).

#### 4.2.2 Medicaid Additional Criteria Not Covered

None Apply.

### 5.0 Requirements for and Limitations on Coverage

*Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.* 

#### 5.1 Prior Approval

Medicaid shall not require prior approval for Noninvasive Pulse Oximetry.

## 6.0 Provider(s) Eligible to Bill for the Procedure, Product, or Service

To be eligible to bill for the procedure, product, or service related to this policy, the provider(s) shall:

- a. meet Medicaid qualifications for participation;
- b. have a current and signed Department of Health and Human Services (DHHS) Provider Administrative Participation Agreement; and
- c. bill only for procedures, products, and services that are within the scope of their clinical practice, as defined by the appropriate licensing entity.

# 6.1 Provider Qualifications and Occupational Licensing Entity Regulations

None Apply.

#### 6.2 **Provider Certifications**

None Apply.

## 7.0 Additional Requirements

*Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age.* 

#### 7.1 Compliance

Provider(s) shall comply with the following in effect at the time the service is rendered:

- a. All applicable agreements, federal, state and local laws and regulations including the Health Insurance Portability and Accountability Act (HIPAA) and record retention requirements; and
- b. All NC Medicaid's clinical (medical) coverage policies, guidelines, policies, provider manuals, implementation updates, and bulletins published by the Centers for Medicare and Medicaid Services (CMS), DHHS, DHHS division(s) or fiscal contractor(s).

## 8.0 Policy Implementation/Revision Information

Original Effective Date: January 1, 1989

#### **Revision Information:**

| Date              | Section Updated      | Change   |
|-------------------|----------------------|--|
| 12/01/01          | Section 8.0          | Method of Reimbursement  |
| 12/01/03          | Section 3.0          | Items 2 and 3 were combined to clarify that the                              |
|                   |                      | requirements for continuous overnight pulse oximetry.                        |
| 12/01/03          | Section 4.0          | The sentence "Noninvasive pulse oximetry is not covered                      |
|                   |                      | when the medical criteria listed in Section 3.0 are not                      |
|                   |                      | met." was added to this section.   |
| 12/01/03          | Section 5.0          | The section was renamed from Policy Guidelines to                            |
|                   |                      | Requirements for and Limitations on Coverage.                                |
| 12/01/03          | Section 6.0          | A sentence was added to the section stating that providers                   |
|                   |                      | must comply with Medicaid guidelines and obtain                              |
|                   |                      | referrals where appropriate for Managed Care enrollees.                      |
| 12/01/03          | Section 8.0          | This section was reformatted into four subsections.                          |
| 12/01/03          | Section 8.3          | Text was added to clarify that CPT codes 94760 and                           |
|                   |                      | 94761 must not be billed when another covered Medicaid                       |
|                   |                      | service is billed by the same provider on the same date of                   |
|                   |                      | service.   |
| 9/1/05            | Section 2.0          | A special provision related to EPSDT was added.                              |
| 9/1/05            | Section 8.0          | The sentence stating that providers must comply with                         |
|                   |                      | Medicaid guidelines and obtain referral where                                |
|                   |                      | appropriate for Managed Care enrollees was moved from                        |
|                   |                      | Section 6.0 to Section 8.0.  |
| 12/1/05           | Section 2.2          | The web address for DMA's EDPST policy instructions                          |
|                   |                      | was added to this section.   |
| 12/1/06           | Sections 2 through 4 | A special provision related to EPSDT was added.                              |
| 5/1/07            | Sections 2 through 4 | EPSDT information was revised to clarify exceptions to                       |
| - / / / • • • • • |                      | policy limitations for beneficiaries under 21 years of age                   |
| 7/1/2010          | Throughout           | Policy Conversion: Implementation of Session Law                             |
|                   |                      | 2009-451, Section 10.32 "NC HEALTH   |
|                   |                      | CHOICE/PROCEDURES FOR CHANGING   |
| 03/12/12          | T1                   | MEDICAL POLICY."   |
| 03/12/12          | Throughout           | To be equivalent where applicable to NC DMA's                                |
|                   |                      | Clinical Coverage Policy # 1A-3 under Session Law                            |
| 03/12/12          | Throughout           | 2011-145 § 10.41.(b)<br>Technical changes to merge Medicaid and NCHC current |
| 03/12/12          | Throughout           | coverage into one policy.  |
| 10/01/2015        | All Sections and     | Updated policy template language and added ICD-10                            |
| 10/01/2013        | Attachments          | codes to comply with federally mandated 10/1/2015                            |
|                   |                      | implementation where applicable.   |
|                   |                      | mprementation where applicable.  |
| 03/15/2019        | Table of Contents    | Added, "To all beneficiaries enrolled in a Prepaid Health                    |
| 05/15/2017        |                      | Plan (PHP): for questions about benefits and services                        |
|                   |                      | available on or after November 1, 2019, please contact                       |
|                   |                      | your PHP."   |

| Date       | Section Updated                 | Change  |
|------------|---------------------------------|---|
| 03/15/2019 | All Sections and<br>Attachments | Updated policy template language.   |
| 12/04/19   | Table of Contents               | Updated language, "To all beneficiaries enrolled in a<br>Prepaid Health Plan (PHP): for questions about benefits<br>and services available on or after implementation, please<br>contact your PHP." |
| 12/04/19   | Attachment A                    | Added, "Unless directed otherwise, Institutional Claims<br>must be billed according to the National Uniform Billing<br>Guidelines. All claims must comply with National<br>Coding Guidelines.       |
| 8/15/2023  | All Sections and<br>Attachments | Updated policy template language due to North Carolina<br>Health Choice Program's move to Medicaid. Policy<br>posted 8/15/2023 with an effective date of 4/1/2023.                                  |

## **Attachment A: Claims-Related Information**

Provider(s) shall comply with the, *NCTracks Provider Claims and Billing Assistance Guide*, Medicaid bulletins, fee schedules, NC Medicaid's clinical coverage policies and any other relevant documents for specific coverage and reimbursement for Medicaid:

#### A. Claim Type

Professional (CMS-1500/837P transaction)

Unless directed otherwise, Institutional Claims must be billed according to the National Uniform Billing Guidelines. All claims must comply with National Coding Guidelines.

#### **B.** International Classification of Diseases and Related Health Problems, Tenth Revisions, Clinical Modification (ICD-10-CM) and Procedural Coding System (PCS)

Provider(s) shall report the ICD-10-CM and Procedural Coding System (PCS) to the highest level of specificity that supports medical necessity. Provider(s) shall use the current ICD-10 edition and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for code description, as it is no longer documented in the policy.

#### C. Code(s)

Provider(s) shall report the most specific billing code that accurately and completely describes the procedure, product or service provided. Provider(s) shall use the Current Procedural Terminology (CPT), Health Care Procedure Coding System (HCPCS), and UB-04 Data Specifications Manual (for a complete listing of valid revenue codes) and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for the code description, as it is no longer documented in the policy.

If no such specific CPT or HCPCS code exists, then the provider(s) shall report the procedure, product or service using the appropriate unlisted procedure or service code.

| CPT Code(s) |
|-------------|
| 94760       |
| 94761       |
| 94762       |

Noninvasive pulse oximetry CPT codes 94760 and 94761 must not be billed when another covered Medicaid service is billed by the same provider on the same date of service.

#### Unlisted Procedure or Service

**CPT:** The provider(s) shall refer to and comply with the Instructions for Use of the CPT Codebook, Unlisted Procedure or Service, and Special Report as documented in the current CPT in effect at the time of service.

**HCPCS:** The provider(s) shall refer to and comply with the Instructions For Use of HCPCS National Level II codes, Unlisted Procedure or Service and Special Report as documented in the current HCPCS edition in effect at the time of service.

#### D. Modifiers

Provider(s) shall follow applicable modifier guidelines.

#### E. Billing Units

Provider(s) shall report the appropriate code(s) used which determines the billing unit(s).

#### F. Place of Service

Inpatient Hospital, Outpatient Hospital, Office, Home.

#### G. Co-payments

For Medicaid refer to Medicaid State Plan: https://medicaid.ncdhhs.gov/meetings-notices/medicaid-state-plan-public-notices

#### H. Reimbursement

Provider(s) shall bill their usual and customary charges. For a schedule of rates, refer to: <u>https://medicaid.ncdhhs.gov/</u>