To all beneficiaries enrolled in a Prepaid Health Plan (PHP): for questions about benefits and services available on or after implementation, please contact your PHP.

Table of Contents

1.0	Desci	ription of the Procedure, Product, or Service	1			
	1.1	Definitions	1			
2.0	Fligik	bility Requirements	7			
2.0	2.1	Provisions				
	2.1	2.1.1 General				
		2.1.2 Specific				
	2.2	Special Provisions				
	2.2	2.2.1 EPSDT Special Provision: Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age				
	2.3	Financial Eligibility				
3.0		the Procedure, Product, or Service Is Covered				
	3.1	General Criteria Covered				
	3.2	Specific Criteria Covered				
		3.2.1 Specific criteria covered by Medicaid				
		3.2.2 Medicaid Additional Criteria Covered				
		a. Nursing Facility Level of Care Criteria				
		b. Qualifying Conditions				
		c. Conditions When in Combination May Justify Nursing Facility Level of Care				
	3.3	Ventilator Level of Care6				
	3.4	Non-Emergency Medically Necessary Ambulance Transportation				
	3.5	Non-Ambulance Transportation	7			
4.0	Wher	When the Procedure, Product, or Service Is Not Covered				
	4.1	General Criteria Not Covered				
	4.2	Specific Criteria Not Covered				
		4.2.1 Specific Criteria Not Covered by Medicaid				
		4.2.2 Medicaid Additional Criteria Not Covered				
		4.2.3 Non-Covered Resident Care Items and Services				
5.0	D	insurante for and I insitations on Commen	(
3.0	5.1	irements for and Limitations on Coverage				
	3.1	Preadmission Screening Resident Review				
		5.1.2 Web-Based Submission				
		5.1.3 Level I Screens				
		5.1.4 Level II Screens				
		5.1.5 Annual Resident Review for Level II Screens				
		5.1.6 Significant Change in MH/ IDD Resident Condition5.1.7 Level II Screen Postponements				
		•				
		5.1.8 Continued Stays				
	5.2	5.1.9 Documentation				
	3.2	Prior Approval				
		5.2.1 When Prior Approval Is Required	1 1			

23E26 i

		5.2.2 When Prior Approval Is Not Required	12
		5.2.3 Retroactive Prior Approval	12
		5.2.4 Prior Approval for Ventilator Services	12
	5.3	Prior Approval Requirements	13
	5.4	Provision of Services	13
		5.4.1 Services and Items Covered in the Per Diem	
	5.5	Transfer and Discharge	
	5.6	Readmissions	
	5.7	Therapeutic Leave	
	5.8	Nursing Facility Transitions Program	
6.0	Provid	der(s) Eligible to Bill for the Procedure, Product, or Service	10
	6.1	Qualifications for Enrollment	
	6.2	Conditions of Participation	
		6.2.1 Nursing Facility Providers	
		6.2.2 Swing Bed Providers	
	6.3	Sanctions	
7.0		ional Requirements	
	7.1	Compliance	
	7.2	Residents' Rights	
		7.2.1 Payments for Services	
		7.2.2 Payments for Services for Beneficiaries with Medicare Part A	
		7.2.3 Married Residents	20
	7.3	Residents' Funds and Property	20
		7.3.1 Surety Bond	20
		7.3.2 Personal Needs Allowance	20
		7.3.3 Personal Funds	20
		7.3.4 Notice of Balances	21
		7.3.5 Disposition of Funds upon Discharge, Eviction, or Death	
		7.3.6 Request for Items and Services	
		7.3.7 Use of Residents' Personal Funds	
		7.3.8 Restrictions on Use of Residents' Funds	
	7.4	Bed Holds	
	7.5	Private Rooms	
	7.6	Record Retention	
	7.7	Cost Reporting	
	7.8	Minimum Data Set Validation Program	
	7.8 7.9	Hospice Services for Residents in Nursing Facilities	
	7.10	Continuity of Service during an Appeal	
		<i>y</i>	
8.0	Policy	/ Implementation/Revision Information	25
Attac	hment A	: Claims-Related Information	28
	A.	Claim Type	
	B.	International Classification of Diseases and Related Health Problems, Tenth Rev	
		Clinical Modification (ICD-10-CM) and Procedural Coding System (PCS)	
	C	Code(s)	29

23E26 ii

Medicaid Clinical Coverage Policy No: 2B-1 Amended Date: June 1, 2023

D.	Modifiers	28
E.	Billing Units	28
F.	Place of Service	
G.	Co-payments	29
H.	Reimbursement	
I.	Third-Party Payers/Recovery	
J.	First Billable Day	
Attachment 1	B: Items Included in Per Diem Rate	30
A.	Dressing and Skin Care Items Included in Nursing Facility Per Diem	
В.	Personal Hygiene and Laundry Included in Nursing Facility Per Diem	
C.	Medical Supplies and Equipment Included in Nursing Facility Per Diem	
	C: Preadmission Screening Resident Review Process	33
A.	The PASRR Process	
В.	Completing the North Carolina Level I Screening Form	
C.	Submitting the North Carolina Level I Screening Form	
D.	Completing the North Carolina Level II Screening Form	
E.	The North Carolina Nursing Facilities Tracking Form	34
F.	Transfers	34
G.	Time Limited Stays	34
Н.	Significant Change (New Level I Required)	35
	D: North Carolina Level I Screening Form E: NC Nursing Facilities Tracking Form	
Attachment 1	F: Prior Approval Process	41
A.	Requesting Prior Approval	41
В.	Processing Steps for an Electronic FL-2	41
C.	Retroactive Prior Approval	
D.	Prior Approval for Ventilator Services	
E.	Physician Signature	
		4.
Attachment (G: FL-2 Form	44
Attachment 1	H: Physician's Signature for Authorization	45
Attachment 1	: Notice of Transfer/Discharge	46
Attachment .	I: Hearing Request Form	47
Attachment	K: Medicaid Minimum Data Set Validation Program	15
Attachinent i A.	Background	
A. B.	Resource Utilization Group Reimbursement System	
Б. С.	1	
	Case Mix	
D.		
E.	Resident Roster	
F.	Case Mix Supportive Documentation Guidelines	48

23E26 iii

NC Medicaid Nursing Facility Services

Medicaid Clinical Coverage Policy No: 2B-1 Amended Date: June 1, 2023

G.	Protocols	49
H.	MDS Review Process	49
I.	Delinquent Minimum Data Set Assessments	50
J.	Unsupported Minimum Data Set Assessments	50
K.	Effect of Unsupported Thresholds	
L.	Minimum Data Set Validation Review Reconsideration	
Attachment I	L: Nursing Facility Quality Initiatives	51

23E26 iv

Related Clinical Coverage Policies

Refer to https://medicaid.ncdhhs.gov/ for the related coverage policies listed below:

- 3D, Hospice Services
- 15, Ambulance Services
- 5A-1, Physical Rehabilitation Equipment and Supplies
- 5A-2, Respiratory Equipment and Supplies
- 5A-3, Nursing Equipment and Supplies
- 5B, Orthotics & Prosthetics
- 2A-3, Out-of-State Services
- 2B-2, Geropsychiatric Units in Nursing Facilities

1.0 Description of the Procedure, Product, or Service

A nursing facility is a medical health facility, or a distinct part of a facility (for example, a hospital enrolled by the NC Medicaid (Medicaid) program as a swing-bed provider of nursing facility services), that is licensed and certified by the Division of Health Service Regulation (DHSR) and enrolled with Medicaid to provide nursing facility level of care services.

A nursing facility provides daily licensed nursing care and on-site physician services but does not provide the degree of medical treatment, consultation, or medical support services available in an acute care hospital. Skilled nursing services are those which must be furnished under the direct supervision of licensed nursing personnel and under the general direction of a physician in order to achieve the medically desired results and to assure quality patient care.

Note: An Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) is not considered to be a nursing facility.

1.1 Definitions

- a. **Intermediate Care Facility for Individuals with Intellectual Disabilities:** defined in 42 CFR 440.150.
- b. **Resident:** A Medicaid beneficiary who maintains residency in a nursing facility.
- c. **Hospice:** defined in 42 CFR 418.3.
- d. **Significant Change**: A significant change is a major decline or improvement in a resident's status that:
 - Will not normally resolve itself without intervention by staff or by implementing standard disease-related clinical interventions, the decline is not considered "selflimiting";
 - 2. Impacts more than one area of the resident's health status; and
 - 3. Requires interdisciplinary review and revision of the care plan.

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2.0 Eligibility Requirements

2.1 Provisions

2.1.1 General

(The term "General" found throughout this policy applies to all Medicaid policies)

- a. An eligible beneficiary shall be enrolled in the NC Medicaid Program (Medicaid is NC Medicaid program, unless context clearly indicates otherwise).
- b. Provider(s) shall verify each Medicaid beneficiary's eligibility each time a service is rendered.
- c. The Medicaid beneficiary may have service restrictions due to their eligibility category that would make them ineligible for this service.

2.1.2 Specific

(The term "Specific" found throughout this policy only applies to this policy)

a. Medicaid

Medicaid applicants and beneficiaries who meet financial and medical necessity based on the nursing facility level of care criteria are eligible for Medicaid nursing facility services.

2.2 Special Provisions

2.2.1 EPSDT Special Provision: Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age

a. 42 U.S.C. § 1396d(r) [1905(r) of the Social Security Act]

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) is a federal Medicaid requirement that requires the state Medicaid agency to cover services, products, or procedures for Medicaid beneficiary under 21 years of age **if** the service is **medically necessary health care** to correct or ameliorate a defect, physical or mental illness, or a condition [health problem] identified through a screening examination (includes any evaluation by a physician or other licensed practitioner).

This means EPSDT covers most of the medical or remedial care a child needs to improve or maintain his or her health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

Medically necessary services will be provided in the most economic mode, as long as the treatment made available is similarly efficacious to the service requested by the beneficiary's physician, therapist, or other licensed practitioner; the determination process does not delay the delivery of the needed service; and the determination does not limit the beneficiary's right to a free choice of providers.

EPSDT does not require the state Medicaid agency to provide any service, product or procedure:

- 1. that is unsafe, ineffective, or experimental or investigational.
- 2. that is not medical in nature or not generally recognized as an accepted method of medical practice or treatment.

Service limitations on scope, amount, duration, frequency, location of service, and other specific criteria described in clinical coverage policies may be exceeded or may not apply as long as the provider's documentation shows that the requested service is medically necessary "to correct or ameliorate a defect, physical or mental illness, or a condition" [health problem]; that is, provider documentation shows how the service, product, or procedure meets all EPSDT criteria, including to correct or improve or maintain the beneficiary's health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

b. EPSDT and Prior Approval Requirements

- 1. If the service, product, or procedure requires prior approval, the fact that the beneficiary is under 21 years of age does **NOT** eliminate the requirement for prior approval.
- 2. **IMPORTANT ADDITIONAL INFORMATION** about EPSDT and prior approval is found in the *NCTracks Provider Claims and Billing Assistance Guide*, and on the EPSDT provider page. The Web addresses are specified below.

NCTracks Provider Claims and Billing Assistance Guide: https://www.nctracks.nc.gov/content/public/providers/provider-manuals.html

EPSDT provider page: https://medicaid.ncdhhs.gov/

2.3 Financial Eligibility

Medicaid applicants and beneficiaries who meet financial and medical necessity based on the nursing facility level of care criteria are eligible for Medicaid nursing facility services. The local Department of Social Services (DSS) in the county where the applicant's eligibility is maintained is responsible for determining financial eligibility, and the DHHS utilization review contractor determines medical necessity. The appropriate services are billed initially to Medicare for dually eligible beneficiaries.

3.0 When the Procedure, Product, or Service Is Covered

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age.

3.1 General Criteria Covered

Medicaid shall cover the procedure, product, or service related to this policy when medically necessary, and:

a. the procedure, product, or service is individualized, specific, and consistent with symptoms or confirmed diagnosis of the illness or injury under treatment, and not in excess of the beneficiary's needs;

- b. the procedure, product, or service can be safely furnished, and no equally effective and more conservative or less costly treatment is available statewide; and
- c. the procedure, product, or service is furnished in a manner not primarily intended for the convenience of the beneficiary, the beneficiary's caretaker, or the provider.

3.2 Specific Criteria Covered

3.2.1 Specific criteria covered by Medicaid

None Apply.

3.2.2 Medicaid Additional Criteria Covered

a. Nursing Facility Level of Care Criteria

The following criteria are not intended to be the only determinants of the resident's or beneficiary's need for nursing facility level of care. Professional judgment and a thorough evaluation of the resident's or beneficiary's medical condition and psychosocial needs are necessary, as well as an understanding of and the ability to differentiate between the need for nursing facility care and other health care alternatives. All professional services that are provided to the resident or beneficiary to maintain, monitor, or enhance the resident's or beneficiary's level of health must be addressed in the health records and reflected on the medical eligibility assessment form.

b. Qualifying Conditions

Conditions that are considered when assessing a beneficiary for nursing facility level of care include the following:

- 1. Need for services that, by physician judgment, require:
 - A. A registered nurse for a minimum of 8 hours daily; and
 - B. other personnel working under the supervision of a licensed nurse.
- 2. Need for 24-hour observation and assessment of resident needs by a registered nurse or a licensed practical nurse.
- 3. Need for administration and control of medications that, according to state law, are to be the exclusive responsibility of licensed nurses, requiring daily observation for drug effectiveness and side effects (as defined in 10A NCAC 13O.0202, 21 NCAC 36.0401 and 21 NCAC 36.0403, medications may be administered by medication aides with appropriate facility policies and procedures and following the North Carolina board of nursing requirement for teaching, supervision and evaluation).
- 4. Need for restorative nursing measures to maintain or restore maximum function or to prevent the advancement of progressive disabilities; such measures may include the following:
 - A. Encouraging residents to achieve independence in activities of daily living (such as bathing, eating, toileting, dressing, transferring, and ambulation);

- B. Using preventive measures and devices, such as positioning and alignment, range of motion, handrolls, and positioning pillows, to prevent or retard the development of contractures; or
- C. Training in ambulation and gait, with or without assistive devices.
- 5. Special therapeutic diets: nutritional needs under the supervision and monitoring by a registered dietician.
- 6. Nasogastric and gastrostomy tubes: requiring monitoring and observation:
 - A. Tube with flushes;
 - B. Medications administered through the tube;
 - C. Supplemental bolus feedings.
- 7. Respiratory therapy: oxygen as a temporary or intermittent therapy or for residents who receive oxygen therapy continuously as a component of a stable treatment plan:
 - A. Nebulizer usage;
 - B. Pulse oximetry;
 - C. Oral suctioning.
- 8. Wounds and care of decubitus ulcers or open areas.
- 9. Dialysis: hemodialysis or peritoneal dialysis as part of a maintenance treatment plan.
- 10. Rehabilitative services by a licensed therapist or assistant as part of a maintenance treatment plan.
- 11. Diabetes, when daily observation of dietary intake and medication administration is required for proper physiological control.
- 12. Cognitive disabilities impacting the ability of a resident to independently perform activities of daily living, resulting in the need for hands on assistance.

c. Conditions When in Combination May Justify Nursing Facility Level of Care

The following conditions when in combination may justify nursing facility level of care:

- 1. **Need for teaching and counseling** related to a disease process, disability, diet, or medication.
- 2. **Adaptive programs:** training the resident to reach his or her maximum potential (such as bowel and bladder training or restorative feeding); documentation must incorporate the purpose of the resident's participation in the program and the resident's progress.
- 3. **Ancillary therapies:** supervision of resident performance of procedures taught by a physical, occupational, or speech therapist, including care of braces or prostheses and general care of casts.
- 4. **Injections:** requiring administration and professional judgment by a licensed nurse.
- 5. **Treatments:** temporary cast, braces, splint, hot applications, cold applications, or other applications requiring nursing care and direction.

- 6. **Psychosocial considerations:** psychosocial condition of each resident is evaluated in relation to his or her medical condition when determining the need for nursing facility level of care; factors to consider along with the resident's medical needs are.
 - A. Acute psychological symptoms (these symptoms and the need for appropriate services and supervision must have been documented by physician's orders or progress notes or by nursing or therapy notes):
 - B. Age;
 - C. Length of stay in current placement;
 - D. Location and condition of spouse;
 - E. Proximity of social support; and
 - F. Effect of transfer on resident, understanding that there can always be, to a greater or lesser degree, some trauma with transfer (proper and timely discharge planning will help alleviate the fear and worry of transfer).

7. Blindness.

8. Cognitive and Behavioral symptoms,

- A. Wandering;
- B. Verbal disruptiveness;
- C. Physical aggression;
- D. Verbal aggression; or
- E. Inappropriate behavior (when it can be properly managed at the nursing facility level of care).

9. Frequent falls.

10. **Chronic recurrent medical problems** that require daily observation by licensed personnel for prevention and/or treatment.

3.3 Ventilator Level of Care

To qualify as ventilator level of care, a resident must be dependent upon mechanical ventilation at least 10 hours per day and in stable condition without unstable or progressive infections or extreme changes in ventilator settings or duration (such as increase in respiratory rate by five breaths per minute, increase in fraction of inspired oxygen (FIO₂) of 25% or more or increase in tidal volume of 200 milliliters or more). Refer to **Subsection 5.2.4 and Attachment F (D.)** for additional information.

3.4 Non-Emergency Medically Necessary Ambulance Transportation

Medicaid covers non-emergency medically necessary ambulance transportation to receive medical services that cannot be provided in the nursing facility when any other means of transportation would endanger the resident's health and it is medically necessary that the resident be transported via stretcher due to a medical or physical condition. Medicaid covers ambulance services only if they are furnished to a resident whose medical condition is such that other means of transportation would be contraindicated.

3.5 Non-Ambulance Transportation

Non-ambulance transportation of Medicaid-eligible residents to receive medical care that cannot be provided in the facility is covered in the per diem that is reimbursed to the facility.

Note: The facility cannot charge the family or the resident's funds for the cost of this transportation. The facility may contract with a service (such as county-coordinated transportation systems) to provide transportation or may provide transportation services using its own vehicles if this is more cost effective.

4.0 When the Procedure, Product, or Service Is Not Covered

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age.

4.1 General Criteria Not Covered

Medicaid shall not cover the procedure, product, or service related to this policy when:

- a. the beneficiary does not meet the eligibility requirements listed in Section 2.0;
- b. the beneficiary does not meet the criteria listed in Section 3.0;
- c. the procedure, product, or service duplicates another provider's procedure, product, or service; or
- d. the procedure, product, or service is experimental, investigational, or part of a clinical trial.

4.2 Specific Criteria Not Covered

4.2.1 Specific Criteria Not Covered by Medicaid

None Apply.

4.2.2 Medicaid Additional Criteria Not Covered

Medicaid shall not cover Nursing Facility Services when ONE of the following are met:

- a. the beneficiary (age 65 and older) is entitled to Medicare benefits and does not apply for Medicare;
- b. the services are denied by private health plans due to non-compliance with those plan requirements;
- c. the insurance payment amount is more than the Medicaid-allowed amount;
- d. the resident's monthly liability equals or exceeds the Medicaid reimbursement rate for the facility; or
- e. a preadmission screening resident review (PASRR) was not completed prior to admission as required by 42 CFR 483 Subpart C.

Note: If the provider's service would have been covered and payable by the private plan, but some requirement of the plan was not met, Medicaid does not pay for the service.

Note: Once the Level I (and, if appropriate, the Level II) screen is completed, Medicaid reimbursement will resume.

Refer to **Subsection 5.1** for additional information regarding PASRR.

4.2.3 Non-Covered Resident Care Items and Services

a. Non-Covered Resident Care Items

As indicated in 42 CFR 483.10(f)(11)(ii), the following resident care items are not covered by Medicaid:

- 1. Telephone, such as a cellular phone;
- 2. Television, radio, personal computer or other electronic device for personal use;
- 3. Personal reading matter, such as a newspaper and a magazine;
- 4. Cosmetic and grooming items and services in excess of those for which payment is made under Medicaid or Medicare;
- 5. Non-covered special care services such as privately hired nurses or aides;
- 6. Personal comfort items, including smoking materials, notions, novelties, and confections;
- 7. Gifts purchased on behalf of a resident;
- 8. Flowers and plants;
- 9. Cost to participate in social events and entertainment offered outside the scope of the activities program;
- 10. Specially prepared or alternative food requested instead of the food and meals generally prepared by the facility, unless ordered by the resident's physician, physician assistant, nurse practitioner or clinical nurse specialist;
- 11. Personal clothing; or
- 12. Private rooms, unless the beneficiary's attending physician orders a private room based on medical necessity or when therapeutically required (such as, isolation for infection control) or if the only room available within the facility is a private room.

Additionally, the following resident care items are not covered by Medicaid:

- 1. Guest meal tray; or
- 2. Morgue boxes, shrouds, or burial wrappings.

Note: This list is not all inclusive.

- b. Bed Hold Days
- c. According to 42 CFR 483.15(d)(i)-(iv), Medicaid shall not cover bed hold days. Refer to **Subsection 7.4** for additional information on bed holds.
- d. Non-Covered Ambulance Transportation Services
- e. Medicaid shall not cover the following ambulance transportation services:
 - 1. Non-emergency transportation when it is not medically necessary to transport a resident by ambulance;

- 2. Transportation from the nursing facility to the emergency room or to the outpatient department of a hospital for medical services that can be rendered at the nursing facility;
- 3. Transportation of a deceased resident, if the resident was pronounced dead prior to the call for pick-up; or
- 4. Transportation from a nursing facility to a site for therapeutic leave.

5.0 Requirements for and Limitations on Coverage

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for Medicaid Beneficiaries under 21 Years of Age.

5.1 Preadmission Screening Resident Review

The Preadmission Screening Resident Review (PASRR) program is a federal statutory requirement (refer to 42 CFR 483 Subpart C) that mandates the review of every individual who applies to or resides in a Medicaid-certified nursing facility, regardless of the source of payment for nursing facility services.

5.1.1 Who Is Subject to PASRR Screens

In accordance with 42 CFR 483.106, all applicants to and residents of Medicaid-certified nursing facilities shall be screened through the Level I and, if appropriate, the Level II process.

Note: Hospital swing beds, Community Alternatives Program services, and nursing facilities that are **not** Medicaid-certified are exempt from Level I and Level II PASRR screens. A small number of nursing facilities in North Carolina have a distinct part that participates in the Medicaid program as a nursing facility and another distinct part that participates in the Medicare program as a skilled nursing facility. Persons seeking admission to the **Medicare** distinct part, as long as that part is not Medicaid-certified, are also exempt from the Level I and Level II processes.

A resident who is transferred from any of these placements into a Medicaid-certified nursing facility bed (or Medicaid-certified part of a nursing facility) shall have a Level I and, if applicable, a Level II screen before that transfer can occur.

5.1.2 Web-Based Submission

All providers shall submit PASRR screenings or Tracking forms through the NC Medicaid web-based tool or through a third-party vendor with interface capabilities into NC Medicaid's web-based tool.

Note: Organizations currently submitting PASRR screenings and Tracking forms through a third-party vendor with interface capabilities into NC Medicaid's webbased tool can continue to use this method.

5.1.3 Level I Screens

Federal law (42 CFR 483.128) mandates that states provide a Level I screen for all applicants to Medicaid-certified nursing facilities to identify residents with

serious mental illness (SMI), intellectual and developmental disabilities (IDD), or a related condition (RC).

For residents with no evidence or diagnosis of SMI, IDD, or RC, the initial Level I screen remains valid unless there is a significant change in status.

5.1.4 Level II Screens

Any applicant to a Medicaid-certified nursing facility whose Level I screen indicates the possible presence of SMI, IDD, or RC must undergo a Level II screen. Level II screens are federally mandated (42 CFR 483.128) to be performed on-site and prior to admission to the nursing facility.

The results of the Level II screens can be reviewed on the NCMUST.com website.

5.1.5 Annual Resident Review for Level II Screens

After a resident receives a Level II evaluation, the resident no longer needs to receive an Annual Resident Review (ARR) to evaluate the resident's continuing need for nursing facility care or specialized SMI, IDD, or RC services. Congress repealed the Federal requirement for annual reviews in 1996.

5.1.6 Significant Change in MH/ IDD Resident Condition

Nursing facilities are responsible for identifying significant changes in the resident's status. In addition to the definition found in section 1.1.d., the following applies:

- a. A significant change shall require referral for a PASRR evaluation if a mental illness, intellectual and developmental disability, or related condition is present or is suspected to be present. Nursing facilities are responsible to notify the DHHS designated contractor for PASRR within seven (7) business days of the significant change so that either a PASRR I or PASRR II evaluation can be arranged, whichever is indicated by the change. The process then follows the same steps as for the initial Level I PASRR evaluation process.
- b. Once the PASRR II is completed, communication of changes in service needs must occur with the Division of Mental Health, Developmental Disabilities and Substance Abuse Services (DMH/DD/SAS), who is responsible to arrange and assure Mental Health (MH) and IDD services for residents who are appropriate for additional services.

5.1.7 Level II Screen Postponements

Federal regulations (42 CFR 483.130) allow short-term nursing facility admissions for some applicants with SMI, IDD, or RC. These **time-limited** approvals are authorized during the Level I screen process when any of the following six (6) circumstances are applicable:

a. Convalescent care (30-calendar-day approval): applies to admissions to nursing facilities directly from acute care hospitals;
 Note: A beneficiary shall need 30 calendar days or less of nursing facility care for the hospitalization condition for this approval to be granted. The attending physician shall provide certification that the nursing facility stay is not expected to exceed 30 calendar days. (42 CFR 483.106);

- b. **Emergency** (7-calendar day approval): applies when the beneficiary needs emergency protective service placement;
- c. **Delirium** (7-calendar day approval): applies to a beneficiary suspected of having SMI, IDD, or RC but whose delirium state prevents accurate completion of the Level I or Level II processes;
- d. **Respite** (7-calendar-day approval): applies to a beneficiary whose in-home caregivers need temporary respite;
- e. **Terminal illness** (1-calendar-year approval): applies to a beneficiary under the care of hospice; or
- f. **Severe physical illness** (1-calendar-year approval): applies when a beneficiary has a diagnosis which results in a level of impairment so severe that the beneficiary could not be expected to benefit from specialized services.

5.1.8 Continued Stays

If residence in the facility is expected to extend beyond the end date shown on the initial Level I screen, further approval and evaluation, as authorized by 42 CFR 483.130(e), must be obtained before the authorized period ends. The admitting facility is responsible for initiating further assessment through an updated Level I evaluation.

- a. within 5 calendar days of the resident's date of admission for 7-calendar-day approvals;
- b. within 25 calendar days for 30-calendar-day approvals; and
- c. within 50 calendar days for 60-calendar-day approvals.

Note: If the resident is Medicaid eligible and is approved for continued stay through the updated Level I/II process, Medicaid's fiscal agent **must** be contacted for payment to continue.

5.1.9 Documentation

All evaluation results must be kept in the resident's health record to allow availability to the facility's care planning team and to federal and state auditors. (Refer to **Subsection 7.6** for additional information on documentation).

Refer to **Attachment C** for additional information about the PASRR process.

5.2 Prior Approval

5.2.1 When Prior Approval Is Required

Medicaid shall require prior approval for the following:

- a. All new Medicaid admissions to a nursing facility;
- b. Current nursing facility residents who are private payers or insured with a third-party insurance carrier who now seek Medicaid assistance;
- c. A resident discharged home or to an adult care home who later returns to the nursing facility;
- d. Ventilator services (refer to Subsection 5.2.4);
- e. Therapeutic leave in excess of 15 consecutive days (refer to Subsection 5.7);
- f. Out-of-state placement to the nursing facility level of care; and
- g. CAP/DA admissions to a nursing facility.

h. Current nursing facility residents transitioning from Managed Care to Medicaid Direct.

Note: Prior approval does not guarantee financial eligibility or Medicaid payment. Nursing facilities are responsible for verifying Medicaid eligibility when a beneficiary presents for services.

5.2.2 When Prior Approval Is Not Required

Medicaid shall not require prior approval for the following:

- a. Residents returning from a hospital to the nursing facility;
- b. Residents transferring from one nursing facility to another (except for residents approved for ventilator level of care) (refer to **Subsection 5.2.4**).
- c. The admission of a resident to an acute care hospital;
- d. Residents returning from therapeutic leave of 15 calendar days or less; or
- e. Residents whose Medicaid eligibility lapses for no more than 90 calendar days and whose level of care remains the same.

5.2.3 Retroactive Prior Approval

It is the responsibility of the nursing facility to ensure that the initial request for prior approval is on file with DHHS utilization review contractor when a beneficiary is admitted to the facility.

- a. Retroactive prior approval for nursing facility level of care, back to 90 calendar days, may be approved when the initial authorization is requested or after the prior approval request has been approved.
- b. For retroactive requests exceeding 30 calendar days, health record documentation is required by the DHHS utilization review contractor to support the retroactive request.
- c. Retroactive prior authorization is not applicable to beneficiaries covered under Medicaid Managed Care.

Note: When the nursing facility level of care is denied, residents or responsible parties must be notified that they have the right to an appeal of the denial in accordance with Medicaid's beneficiary notice procedures.

5.2.4 Prior Approval for Ventilator Services

Prior approval requests for ventilator services must contain ALL the following:

- a. The Medicaid-designated screening form, with the PASRR number, signed and dated by the attending physician and the National Provider Identifier of the facility that is or will be rendering ventilator services;
- b. Health records documenting the criteria for ventilator level of care listed in **Subsection 3.3.**; and
- c. A ventilator addendum form signed and dated by the attending physician within 45 calendar days of the authorization for ventilator level of care.

Note: If the beneficiary with ventilator services transfers from the hospital to a nursing facility or to a different nursing facility, the facility shall notify the DHHS utilization review contractor of the transfer. If the DHHS utilization review contractor is not notified within 30 calendar days of the transfer, a new prior approval is required. If the beneficiary is in the hospital and placement has

yet to be determined, the hospital's provider number must be entered on the authorization request.

Refer to **Attachment F** for additional information on the prior approval process.

5.3 Prior Approval Requirements

The provider(s) shall submit to the Department of Health and Human Services (DHHS) Utilization Review Contractor the following:

- a. the accurately completed Medicaid-designated screening FL 2 form DMA 372-124 (refer to the Sample FL 2 in **Attachment G**);
- b. the PASRR number must be entered on the FL 2 form;
- c. the attending physician must sign and date the FL 2 form or the Physician's Signature for authorization of LOC form DMA-0100 before submitting the approval request. Family nurse practitioners (FNPs), physicians' assistants (PAs), and surgical assistants (SAs) may sign the FL-2 form DMA 372-124 or the Physician's Signature for authorization of level of care form DMA-0100 **only** if the attending physician cosigns and dates the form; and
- d. if the Medicaid beneficiary is under 21 years of age, information supporting that all EPSDT criteria are met and evidence-based literature supporting the request, if available.

5.4 Provision of Services

All services must be provided according to 42 CFR 483 Subpart B. A Medicaid-certified nursing facility shall provide or arrange for the necessary care and services to attain or maintain the highest practicable physical, mental, and psychosocial well-being of each resident in accordance with the comprehensive assessment and plan of care. A licensed nurse shall provide daily observation and assess the total needs of the resident, plan and manage treatment according to the plan of care approved by the physician and render direct services to the resident.

5.4.1 Services and Items Covered in the Per Diem

The following items and services must be provided by a nursing facility as part of the per diem that is reimbursed to the facility. This list is not all inclusive.

- a. Room and board;
- b. All general nursing services, including restorative nursing;
- c. Personal hygiene and laundry care items (refer to **Attachment B**);
- d. Dressing and skin care items (refer to **Attachment B**);
- e. Medical supplies and equipment (refer to **Attachment B**);
- f. Non-prescription (over-the-counter) drugs, biologicals, and emergency drugs;
- g. Dietary services, such as therapeutic diets and special dietary supplements used for oral or tube feeding;
- h. Rehabilitative services, such as physical, speech, and occupational therapies;
- i. Social services;
- j. Activity services;
- k. Therapeutic leave (refer to **Subsection 5.7**);

- Non-ambulance transportation of Medicaid-eligible residents to receive medical care that cannot be provided in the facility (refer to Subsection 3.5); and
- m. Miscellaneous items:
 - 1. Items furnished on a routine basis to all residents;
 - 2. Items stocked in gross supply and distributed or used individually in small quantities; and
 - 3. Items used by individual residents but reusable and expected to be available.

Note: Refer to **Subsection 7.3.7** for information on items and services that residents may pay for from their personal funds.

5.5 Transfer and Discharge

Transfers and discharges must be provided according to 42 CFR 483.15(c). Transfer and discharge can refer to movement of a resident to a bed outside of the certified facility, whether or not that bed is in the same physical plant. Transfer and discharge does not refer to movement of a resident to a bed within the same certified facility.

A nursing facility shall permit each resident to remain in the nursing facility and shall not transfer or discharge a resident from the facility unless at least one of the following is true:

- a. The resident's welfare and needs cannot be met in the facility;
- b. The resident's health has improved sufficiently so that the facility's services are no longer needed;
- c. The safety of individuals in the facility is endangered due to the clinical or behavioral status of the resident;
- d. The health of individuals in the facility would be endangered;
- e. The resident has failed, after reasonable and appropriate notice, to pay (or have paid under Medicare or Medicaid) for a stay at the facility; or
- f. The facility ceases to operate.

A nursing facility shall not transfer or discharge a resident while an appeal is pending, according to 42 CFR 431.230, when a resident exercises his or her right to appeal a transfer or discharge notice from a nursing facility according to 42 CFR 431.220(a)(3), unless the failure to discharge or transfer would endanger the health or safety of the resident or other individuals in the facility. The facility must document the danger that failure to transfer or discharge would pose.

When a nursing facility transfers or discharges a resident for any of the above reasons, those reasons must be documented in the resident's health record. A transfer or discharge of a resident requires a physician's order.

When a nursing facility decides to transfer or discharge a resident, the resident or the responsible party has the right to an appeal. A state-approved Notice of Transfer or Discharge (DMA-9050) (Attachment I), including a Hearing Request form (DMA-9051) (Attachment J), must be issued 30 calendar days prior to discharge. This applies to every

individual in a Medicaid-certified nursing facility, regardless of pay source, and to all instances in which the resident is transferred or discharged from the facility. This does not, however, apply to situations in which a resident and/or the responsible party choose to move to another placement.

The notice must be made as soon as practicable when:

- a. the safety of individuals in the facility is endangered;
- b. the health of individuals in the facility is endangered;
- c. the resident's health has improved sufficiently so that the facility's services are no longer needed;
- d. an immediate transfer or discharge is required by the resident's urgent medical needs; or
- e. the resident has not resided in the facility for 30 calendar days.

5.6 Readmissions

Readmissions must be provided according to 42 CFR 483.15(e)(1). A nursing facility resident who has been hospitalized and is ready for readmission to the nursing facility shall be readmitted to their previous room if available or immediately to the first available bed in a semiprivate room if the resident requires the services provided by the facility and is eligible for Medicaid nursing facility services.

5.7 Therapeutic Leave

Therapeutic leave must be provided as follows:

- a. Each Medicaid eligible resident who is occupying a nursing facility bed for which the N.C. Medicaid program is then paying reimbursement shall be entitled to take up to 60 days of therapeutic leave in any calendar year from any such bed, without the facility's suffering any loss of reimbursement during the period of leave.
- b. The taking of such leave must be for therapeutic purposes only and must be ordered by the resident's attending physician. The necessity for such leave shall be documented in the resident's plan of care and therapeutic justification for each instance of such leave shall be entered into the resident's health record.
- c. Facilities shall reserve a therapeutically absent resident's bed for him or her and are prohibited from deriving any Medicaid revenue for that resident other than the reimbursement for that bed during the period of absence. Facilities shall be reimbursed at their full current Medicaid bed rate for a bed reserved due to therapeutic leave. Facilities shall not be reimbursed for therapeutic leave days taken that exceed the legal limit.
- d. No more than 15 consecutive therapeutic leave days may be taken without approval of NC Medicaid.
 - **Note:** The facility shall request prior approval on behalf of the beneficiary through NC Medicaid's fiscal agent for therapeutic leave that exceeds 15 consecutive days.
- e. The therapeutic justification for such absence is subject to review by the State or its agent during scheduled on-site medical reviews.
- f. For reference and audit purposes, facilities shall keep a cumulative record of therapeutic leave days taken by each resident. In addition, residents on therapeutic

leave must be noted as such on the facility's midnight census. Facilities bill Medicaid for approved therapeutic leave days as regular residence days.

- g. The official record of therapeutic leave days taken for each resident must be maintained by the State or its agent.
- h. Entitlement to therapeutic leave is not applicable in cases when the therapeutic leave is for the purpose of receiving either inpatient or nursing services provided either elsewhere or at a different level of care in the current facility when such services are paid for by Medicaid.
- i. Transportation from a facility to the site of therapeutic leave is not considered to be an emergency; therefore, ambulance service for this purpose is not reimbursed by Medicaid.

5.8 Nursing Facility Transitions Program

The Olmstead Act mandates that if a nursing facility resident requests transition to a community level of care, and this is a viable option, the nursing facility shall refer the resident to the Local Contact Agency Call Center.

In 2010 with a change to the MDS 3.0, CMS revised section Q of the MDS assessment to identify beneficiaries residing in nursing facilities who may be interested in talking with someone about moving back into the community.

The NC Medicaid in collaboration with the Division of Aging and Adult Services, the Division of Health Service Regulation and other community entities developed a referral process using a central call center and local community organizations known as Local Contact Agencies (LCAs). These agencies are responsible to make contact with and provide information about available supports and services in the community to beneficiaries in nursing facilities who are interested in making the transition back to the community.

6.0 Provider(s) Eligible to Bill for the Procedure, Product, or Service

To be eligible to bill for the procedure, product, or service related to this policy, the provider(s) shall:

- a. meet Medicaid qualifications for participation;
- b. have a current and signed Department of Health and Human Services (DHHS) Provider Administrative Participation Agreement; and
- c. bill only for procedures, products, and services that are within the scope of their clinical practice, as defined by the appropriate licensing entity.

6.1 Qualifications for Enrollment

- a. Nursing facilities shall be licensed and certified by the DHSR as a nursing facility according to 42 CFR 483.70(a).
- b. Nursing facilities receiving Medicaid funding must be enrolled for participation in Medicare and Medicaid.
- c. Refer to clinical coverage policy 2A-3, Out-of-State Services, at https://medicaid.ncdhhs.gov/.

Note: Prior approval must be obtained for any Medicaid beneficiary to be admitted to an out-of-state nursing facility.

6.2 Conditions of Participation

6.2.1 Nursing Facility Providers

To qualify for participation with the N.C. Medicaid Program, nursing facilities shall meet the requirements defined in 42 CFR 483 Subpart B and all other applicable federal, state, and local laws and regulations, as follows:

- a. Employing staff who are licensed, certified, or registered according to applicable federal and state laws 42 CFR 483.70(f)(1)(2).
- b. Obtaining training and competency evaluations through DHSR for nurse aides employed in the nursing facility [42 CFR 483.35(d)(4)].
- c. Establishing and implementing policies (developed with the advice and periodic review of a professional group, including one or more physicians and one or more registered nurses) to govern the skilled nursing care and related medical or other services it provides. There must be a physician responsible for the implementation of such policies [42 CFR 483.70(h)(2)(i)].
- d. Conducting initial and periodic comprehensive, accurate, standardized, reproducible assessments of each resident's functional capacity using the Minimum Data Set (MDS) assessment tool according to federal requirements for resident assessment (42 CFR 483.20). (Refer to **Attachment K** for additional information on MDS.)
- e. Ensuring that each resident is under the care and supervision of a physician and providing or arranging for physician services 24 hours a day in the case of an emergency [42 CFR 483.30(d)] (After the initial visit, at the option of the physician, required physician visits may alternate between personal visits by the physician and visits by a nurse practitioner or physician assistant. (42 CFR 483.30(c)(4)). Any required physician task in a nursing facility may be satisfied when performed by a nurse practitioner or physician assistant who is acting within their scope of practice as defined by State law and is not an employee of the facility but is working in collaboration with a physician. (42 CFR 483.30(e)(1)(i)-(iii)).
- f. Ensuring the 24-hour availability of licensed nursing care, with the services of a registered nurse available for at least eight consecutive hours a day, seven days a week [42 CFR 483.35(b)].
- g. Providing appropriate methods and procedures for dispensing and administering drugs and biologicals (42 CFR 483.45).
- h. Implementing a written transfer agreement with one or more participating hospitals providing for the transfer of patients between the hospital and the nursing facility and the interchange of medical and other information [42 CFR 483.70(j)].
- i. Meeting all the requirements of the Patient Self Determination Act, including
 - 1. giving patients age 18 and older (at the time of admission) written information of their rights to make decisions about their medical care and to complete advance directives;

- 2. conducting staff and community education on advance directives; and
- 3. documenting in the resident's medical record whether or not he or she had executed an advance directive.
- j. A nursing facility shall comply with all applicable Federal, State and local emergency preparedness requirements to include establishing and maintaining an emergency preparedness program as required in 42 CFR 483.73.
- k. Conducting a facility-wide assessment to determine what resources are necessary to care for its residents competently during both day-to-day operations and emergencies with an effective date of November 28, 2017. The facility shall review and update the assessment as necessary, and, at least annually (42 CFR 483.70(e)).

Additionally, nursing facilities shall:

- a. participate in the MDS validation program if they are participating in the Medicaid Case Mix Reimbursement System;
- b. provide evidence (written documentation, facility staff interviews, or onsite reviews) that the facility is actively participating in quality improvement initiatives. (Refer to **Attachment L** for additional information.); and
- c. conduct at least annually a resident satisfaction survey for a resident or their legally responsible person.

Note: NC Medicaid may review the facility's quality initiative(s) every 12 to 15 months.

6.2.2 Swing Bed Providers

Any hospital enrolled as a swing-bed provider of nursing facility services must meet all state and federal requirements (42 CFR 482.66) governing swing beds.

Refer to NC Tracks Provider Claims and Billing Assistance Guide: https://www.nctracks.nc.gov/content/public/providers/provider-manuals.html.

6.3 Sanctions

A nursing facility may be sanctioned by the Centers for Medicare and Medicaid Services (CMS) for failure to comply with federal regulations for long-term care facilities or for repeated citations for substandard quality of care. Providers who receive sanctions from CMS may become ineligible for Medicaid payments and are ineligible for payment for new admissions. Any provider who is sanctioned by CMS must notify NC Medicaid immediately.

Note: Medicaid does not consider a nursing facility resident to be a new admission in the following situations:

- a. Medicare was the primary payer, but benefits were exhausted after the sanction date and Medicaid becomes the primary payer;
- b. A resident was a private payer prior to the sanction date and becomes eligible for Medicaid after the sanction date;
- c. A resident was hospitalized prior to the sanction date and re-admitted to the nursing facility after the sanction date; or
- d. A resident return to the nursing facility from therapeutic leave after the sanction date.

7.0 Additional Requirements

Note: Refer to Subsection 2.2.1 regarding EPSDT Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age.

7.1 Compliance

Provider(s) shall comply with the following in effect at the time the service is rendered:

- a. All applicable agreements, federal, state and local laws and regulations including the Health Insurance Portability and Accountability Act (HIPAA) and record retention requirements; and
- b. All NC Medicaid's clinical (medical) coverage policies, guidelines, policies, provider manuals, implementation updates, and bulletins published by the Centers for Medicare and Medicaid Services (CMS), DHHS, DHHS division(s) or fiscal contractor(s).

7.2 Residents' Rights

- a. Nursing facilities in North Carolina are subject to reviews by the DHSR to evaluate compliance with requirements and regulations regarding residents' rights (10A NCAC 13D.2109). Residents' rights apply to all residents of a nursing facility that accepts Medicaid beneficiaries, regardless of a resident's payment source.
- b. As required by 42 CFR 483.10(g)(17), the nursing facility shall inform each resident who is entitled to Medicaid benefits, **in writing**, at the time of admission to the nursing facility, when the resident becomes eligible for Medicaid, and periodically throughout the stay, of the following:
 - 1. The items and services that are included in the nursing facility services under the State plan and for which the resident may not be charged.
 - 2. The items and services that the nursing facility offers for which the resident may be charged and the amount of the charges for those services.
 - 3. Changes that are made to items or services listed in a or b above.
- c. At any time, the facility intends to alter or temporarily restrict resident's rights, the facility must provide notice to the residents and their responsible party. The notice shall include the contact information for the regional and state Long-term Care Ombudsman and the Division of Health Service Regulation Complaint Hotline.

7.2.1 Payments for Services

Payment for services must comply with federal regulations in 42 CFR 483.15(a)(2)-(4) as follows:

a. A nursing facility shall not request or require a third-party guarantee of payment to the facility as a condition of admission or expedited admission to, or continued stay in, the facility.

Note: The nursing facility may request and require a resident representative who has legal access to a resident's income or resources available to pay for facility care to sign a contract, without incurring personal financial liability, to provide facility payment from the resident's income or resources.

- b. A nursing facility shall not request or require residents or potential residents to waive their rights to Medicare or Medicaid, nor require written or oral assurance that they are not eligible for, or will not apply for, Medicare or Medicaid benefits.
- c. A nursing facility must not charge, solicit, accept, or receive, in addition to any amount otherwise required to be paid under the State Plan, any gift, money, donation, or other consideration as a pre-condition of admission, expedited admission, or continued stay for Medicaid-eligible residents in the facility. Furthermore, the provider must not charge a resident for failure to remain an inpatient for any agreed-upon length of time or for failure to give advance notice of departure from the provider's facilities.

 (42 CFR 489.22(d))
- d. A nursing facility shall not request or require a resident or potential resident to waive potential facility liability for losses of personal property.

7.2.2 Payments for Services for Beneficiaries with Medicare Part A

For a Medicare Part A covered stay, Medicaid payments cannot be made for the first 20 days of care for a beneficiary who is also eligible for Medicare Part A. Payments for co-insurance will begin for the subsequent 21st through 100th days of care. "The Division of Medical Assistance shall co-insurance, the total of which must equal the facility's Medicaid per diem rate less any Medicare Part A payment, but no more than the Medicare co-insurance amount."

Note: If Medicare is not involved, then Medicaid pays straight Medicaid reimbursement if all Medicaid requirements are met. Refer to **Subsection 4.1** and 4.2 for reasons that Medicaid does not pay for nursing facility services.

7.2.3 Married Residents

As indicated in 42 CFR 483.10(e)(4), each nursing facility resident has the right to share a room with his or her spouse when both residents live in the same facility, both residents require nursing facility care, and both consent to the arrangement.

7.3 Residents' Funds and Property

7.3.1 Surety Bond

As required by 42 CFR 483.10(f)(10)(vi), the facility shall purchase a surety bond or otherwise provide assurance to the Secretary of the United States Department of Health and Human Services that all personal funds of residents deposited with the facility are secure.

7.3.2 Personal Needs Allowance

A protected personal needs allowance fund must be established in accordance with 10A NCAC 23E.0204 for each resident for clothing and personal needs while residing in the nursing facility. This allowance is \$30.00 per month for an aged, blind, or disabled individual.

7.3.3 Personal Funds

According to 42 CFR 483.10(f)(10)(iii), the nursing facility shall establish and maintain a system that ensures a full and complete and separate accounting, according to generally accepted accounting principles, of each resident's personal

funds entrusted to the nursing facility on the resident's behalf. The system must preclude any commingling of resident funds with nursing facility funds or with the funds of any person other than the resident. The individual financial record must be available to the resident or his or her legal guardian through quarterly statements and upon request.

According to 42 CFR 483.10(f)(10)(ii)(B), residents whose care is funded by Medicaid: the facility shall deposit the resident's personal funds in excess of \$50.00 in an interest-bearing account(s) that is separate from any of the facility's operating accounts and must credit all interest earned on the resident's funds to his or her account. In pooled accounts, there must be a separate accounting for each resident's share. The facility shall maintain a resident's personal funds not exceeding \$50.00 in a non–interest-bearing account, an interest-bearing account, or petty cash fund. It is acceptable to charge the bank service fee on the interest-bearing account against the interest earned and apply the net amount to each resident's account. Facilities are required to keep sufficient cash on hand to furnish residents convenient access to cash when needed.

7.3.4 Notice of Balances

According to 42 CFR 483.10(f)(10)(iv)(A)-(B), the facility is required to notify each resident who receives Medicaid benefits:

- a. when the amount in the resident's account reaches \$200 less than the supplemental security income (SSI) resource limit for one person; and
- b. that the resident may lose eligibility for Medicaid or SSI if the amount in the account, in addition to the value of the resident's other nonexempt resources, reaches the SSI resource limit for one person.

7.3.5 Disposition of Funds upon Discharge, Eviction, or Death

According to 42 CFR 483.10(f)(10)(v), upon the discharge or eviction of a resident with a personal fund deposited with the facility, the facility shall convey within 30 days the resident's funds, and a final accounting of those funds, to the resident. In the case of death, the facility shall convey within 30 days the resident's funds, and a final accounting of those funds, to the individual or probate jurisdiction administering the resident's estate, according to State law.

Note: If an administrator has not been appointed, the balance must be paid to the Clerk of the Superior Court within 30 calendar days after death. The funds and personal property are disbursed by the Clerk of the Superior Court. Funds must be sent to the Clerk of the Superior Court of the county providing the Medicaid assistance. The letter remitting the funds must_state the resident's full name, date of death, Medicaid identification (MID) number, and the name of the county department of social services (DSS) that provided medical assistance.

7.3.6 Request for Items and Services

According to 42 CFR 483.10(f)(11)(iii), the facility can only charge a resident for any non-covered item or service if such item or service is specifically requested by the resident. The facility shall not require a resident or the resident's representative to request any item or service as a condition of admission or continued stay. The resident or the resident's representative requesting an item or

service for which a charge will be made must be informed what the charge will be prior to the resident's receiving the item or service.

7.3.7 Use of Residents' Personal Funds

According to 42 CFR 483.10(f)(11)(ii), if requested by the resident and the resident or the resident's representative is informed of the charge, a resident's personal funds **may** be used for the following items and services:

- a. Telephones, such as a cellular phone;
- b. Television, radio, personal computer or other electronic device for personal use;
- c. Personal reading matter, such as a newspaper and a magazine;
- d. Cosmetic and grooming items and services in excess of those for which payment is made under Medicaid or Medicare;
- e. Non-covered special care services such as privately hired nurses or aides;
- f. Personal comfort items, including smoking materials, notions, novelties and confections;
- g. Gifts purchased on behalf of a resident;
- h. Flowers and plants;
- i. Cost to participate in social events and entertainment offered outside the scope of the activities program;
- j. Specially prepared or alternative food requested instead of the food and meals generally prepared by the facility, unless ordered by the resident's physician, physician assistant, nurse practitioner or clinical nurse specialist;
- k. Personal clothing; or
- 1. Private room, unless the beneficiary's attending physician orders a private room based on medical necessity or when therapeutically required (e.g. isolation for infection control) (refer to **Subsection 7.5**).

Additionally, a resident's personal funds may be used for the following items and services if requested by the resident and the resident or the resident's representative is informed of the charge:

- a. Authorized cost-sharing in Medicaid-covered services, such as patient liability to hospitals and nursing facilities.
- b. Medical and health care not covered by Medicaid.
- c. Personal needs such as, the following:
 - 1. Beauty shop and barber shop services.

Note: The nursing facility shall provide or arrange for (with no charge to resident) shampooing, conditioning, and routine hair trimming as part of basic hygiene service rendered to residents. The resident, family member, or representative must be informed upon admission and periodically thereafter of the method and schedule by which these services are provided. If the resident elects to use the service of a barber or beautician, and such services are outside the facility's method or schedule, then the services may be charged to the resident's funds.

7.3.8 Restrictions on Use of Residents' Funds

- a. According to 42 CFR 483.10(f)(11), a resident's personal funds **must not** be used for the following:
 - 1. Items and services that are furnished as part of Medicaid-covered nursing facility care; or
 - 2. Services covered by Medicaid and furnished by other participating Medicaid providers.
- b. Additionally, a resident's personal funds must not be used for the following:
 - 1. Transportation to and from other participating Medicaid providers;
 - 2. Operating costs of the facility;
 - 3. Collateral for a loan for facility operating expenses;
 - 4. Items included in the per diem for nursing facilities (refer to **Attachment B**); or
 - 5. Commingling with facility funds (refer to **Subsection 7.3.3**).

7.4 Bed Holds

According to 42 CFR 483.15(d), when a resident must be hospitalized, the resident or responsible party may arrange to reserve the resident's bed in the nursing facility. Medicaid has no provision for bed hold; it is a private agreement between the resident or responsible party and the nursing facility. The admission contract must state the charge for bed hold and the resident must be notified of any changes as they are made.

7.5 Private Rooms

According to 42 CFR 483.10(f)(11)(ii)(k), a resident or his or her family may pay for a private room, unless the beneficiary's attending physician orders a private room based on medical necessity or when therapeutically required (such as, isolation for infection control) and that such arrangements are not a condition of admission to or continued stay in the facility.

The Medicaid per diem rate is for a semiprivate room, unless the beneficiary's attending physician orders a private room or if the only room available is private. The Medicaid payment plus any third-party insurance payment and beneficiary liability is payment in full.

Note: When private accommodations are requested for the convenience and comfort of the resident and his or her family, the facility may charge the difference between the facility's private patient rates for semiprivate and private rooms, because Medicaid is paying for semiprivate accommodations.

Medicaid shall get credit for all third-party insurance payments up to the amount of the Medicaid payment. Third-party payments cannot be used to pay the difference between the semiprivate and private rates until after Medicaid has been reimbursed in full.

Residents may use their own assets (not income) to pay the private room charge; however, the resident must be informed of the limited number of days those assets will cover.

7.6 Record Retention

The nursing facility shall comply with 42 CFR 483.70(i)(4)(i)-(iii) for record retention.

- a. These records must be furnished upon request to the appropriate federal or state authorities, such as the DHHS utilization review contractor.
- b. Failure to submit the requested records results in recoupment of all payments for the services.

7.7 Cost Reporting

Nursing facilities are mandated by federal and state regulations to file annual Medicaid cost reports with NC Medicaid in order to ensure that allowable costs have been identified according to Medicaid regulations.

7.8 Minimum Data Set Validation Program

Nursing facilities participating in the Medicaid Case Mix Reimbursement System are required to participate in the MDS Validation Program. Refer to **Attachment K** for additional information about the MDS Program.

7.9 Hospice Services for Residents in Nursing Facilities

Hospice services may be provided to a nursing facility resident if a contractual agreement has been made between the hospice agency and the facility. The contract must specify that the hospice agency is responsible for the professional management of the beneficiary's care and that the facility agrees to provide room and board. Medicaid reimbursement for room and board costs is made to the hospice. The agreement between the hospice and the nursing facility must specify payment arrangements and must comply with 10A NCAC 13K, which documents current rules governing the licensure of hospices. Hospice is responsible for medications and durable medical equipment directly related to the terminal illness, with the exclusion of those outlined in the reference above. All other details related to the provision of care are contained in the agreement.

Refer to clinical coverage policy 3D, *Hospice Services*, at https://medicaid.ncdhhs.gov/ for additional information on hospice services.

7.10 Continuity of Service during an Appeal

As indicated in NCGS 108A-70.9A, Medicaid covers services in a nursing facility at the existing level of care for an authorized Medicaid resident while an informal or formal appeal is in process.

8.0 Policy Implementation/Revision Information

Original Effective Date: July 1, 1991

Revision Information:

Date	Section Revised	Change
1/1/09	Throughout	Initial promulgation of current coverage, with
		change from 16 hours of ventilator care to 10 hours
11/01/09	5.2 & Attachment C	PASRR no longer requires Annual Resident
11/01/09	J.2 Co i illuminimi C	Review
11/01/09	3.2.2	Language change: criteria that in combination
		may justify admission
9/1/11	Table of Contents	Edited to match the changes in PASRR and MDS
9/1/11	Throughout	"PASARR" changed to "PASRR"
9/1/11	Throughout	Corrections to formatting issues that occurred
		during the last publication
9/1/11	Throughout	"Calendar" or "business" added where needed to
0.14.14.4	1	clarify type of "days"
9/1/11	5.1	Language changes for clarification
9/1/11	7.2.1(c)	42 CFR site added
9/1/11	Attachment C	I
9/1/11	Sections C & G	Language changes for clarification
9/1/11	Attachment G	Language changes for clarification "Hearing unit" changed to "Office of
	Section C (5)	Administrative Hearings (OAH)" to match new
		due process changes
12/05/11	Subsection 6.2.1(e)	Clarified, according to 42 CFR, which visits and
12/03/11	5405 cc tion 0.2.1(c)	tasks can be performed by a nurse practitioner or
		physician assistant in a nursing facility
3/12/12	Throughout	Technical changes to merge Medicaid and
		NCHC current coverage into one policy.
3/12/12	Level I PASRR	Replaced with updated forms.
	screening form	
	Attachment E & F	
3/12/12	Subsection 5.2.3(c) Attachment D(D)(7)	Deleted to match eligibility requirements.
06/01/12	Subsection 5.3	Added for clarification of prior approval
		requirements
06/01/12	Subsection 5.8	Added information regarding transitioning back
		to the community
06/01/12	Subsection 7.6	Language change
06/21/13	All sections and	Corrected revision date in header of policy
	attachments	
10/01/2015	All Sections and	Updated policy template language and added
	Attachments	ICD-10 codes to comply with federally

Date	Section Revised	Change
		mandated 10/1/2015 implementation where applicable.
10/01/2017	All Sections and Attachments	Policy title changed from Nursing Facilities to Nursing Facility Services
10/01/2017	All Sections and Attachments	Updated policy to comply with 42 CFR
10/01/2017	All Sections and Attachments	Removed expired NC Administrative Codes
10/01/2017	All Sections and Attachments	Clarified wording with no change to scope of coverage
10/01/2017	Subsections 5.2.3, 5.2.4, 5.3 and Attachment D	Updated Prior Approval (PA) requirements to comply with current PA process
10/01/2017	Subsection 5.8	Updated Nursing Facility Transitions Program to comply with current referral process
10/01/2017	Attachments D, E, G, H, I, J	Updated forms
06/01/2018	All Sections and Attachments	Policy posted on this date, with an Amended Date of October 1, 2017
03/15/2019	Table of Contents	Added, "To all beneficiaries enrolled in a Prepaid Health Plan (PHP): for questions about benefits and services available on or after November 1, 2019, please contact your PHP."
03/15/2019	All Sections and Attachments	Updated policy template language.
01/10/2020	Table of Contents	Updated policy template language, "To all beneficiaries enrolled in a Prepaid Health Plan (PHP): for questions about benefits and services available on or after implementation, please contact your PHP."
01/10/2020	Attachment A	Added, "Unless directed otherwise, Institutional Claims must be billed according to the National Uniform Billing Guidelines. All claims must comply with National Coding Guidelines".
12/15/2021	7.2 Resident Rights	Added language to require nursing homes to notify beneficiaries and/or their responsible party of any changes to resident's rights and to include contact information for regional Ombudsman.
04/15/2022	Attachment K	Added language to allow the MDS Validation reviews to be conducted on-site or remotely.
04/15/2022	All Sections and Attachments	Policy posted 04/19/2022 with an amended date of 04/15/2022
12/15/2022	Attachment A	Removed Revenue Code(s) 100 and 183
06/01/2023	All Sections and Attachments	Updated policy template language due to North Carolina Health Choice Program's move to Medicaid. Policy posted 6/1/2023 with an

NC Medicaid	Medicaid
Nursing Facility Services	Clinical Coverage Policy No: 2B-1
	Amended Date: June 1, 2023

Date	Section Revised	Change
		effective date of 4/1/2023.

Attachment A: Claims-Related Information

Provider(s) shall comply with the, *NCTracks Provider Claims and Billing Assistance Guide*, Medicaid bulletins, fee schedules, NC Medicaid's clinical coverage policies and any other relevant documents for specific coverage and reimbursement for Medicaid:

A. Claim Type

Institutional (UB-04/837I transaction)

Unless directed otherwise, Institutional Claims must be billed according to the National Uniform Billing Guidelines. All claims must comply with National Coding Guidelines.

B. International Classification of Diseases and Related Health Problems, Tenth Revisions, Clinical Modification (ICD-10-CM) and Procedural Coding System (PCS)

Provider(s) shall report the ICD-10-CM and Procedural Coding System (PCS) to the highest level of specificity that supports medical necessity. Provider(s) shall use the current ICD-10 edition and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for code description, as it is no longer documented in the policy.

C. Code(s)

Provider(s) shall report the most specific billing code that accurately and completely describes the procedure, product or service provided. Provider(s) shall use the Current Procedural Terminology (CPT), Health Care Procedure Coding System (HCPCS), and UB-04 Data Specifications Manual (for a complete listing of valid revenue codes) and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for the code description, as it is no longer documented in the policy.

If no such specific CPT or HCPCS code exists, then the provider(s) shall report the procedure, product or service using the appropriate unlisted procedure or service code.

Unlisted Procedure or Service

CPT: The provider(s) shall refer to and comply with the Instructions for Use of the CPT Codebook, Unlisted Procedure or Service, and Special Report as documented in the current CPT in effect at the time of service.

HCPCS: The provider(s) shall refer to and comply with the Instructions For Use of HCPCS National Level II codes, Unlisted Procedure or Service and Special Report as documented in the current HCPCS edition in effect at the time of service.

D. Modifiers

Provider(s) shall follow applicable modifier guidelines.

E. Billing Units

Provider(s) shall report the appropriate code(s) used which determines the billing unit(s).

F. Place of Service

Nursing facilities and Hospital swing beds.

G. Co-payments

For Medicaid refer to Medicaid State Plan:

https://medicaid.ncdhhs.gov/get-involved/nc-health-choice-state-plan

Residents of a nursing facility are exempt from a co-payment for the following:

- 1. The facility.
- 2. Any services rendered by practitioners at the facility or at another location.
- 3. Prescription drugs.

H. Reimbursement

Provider(s) shall bill their usual and customary charges. For a schedule of rates, refer to: https://medicaid.ncdhhs.gov/

When Medicaid payment is received, the provider is paid in full and there is no outstanding balance on that claim.

I. Third-Party Payers/Recovery

The collection of any and all third-party benefits is mandatory. Medicaid reimburses only after all third parties—including Medicare, CHAMPUS, Workers' Compensation liability carriers, and private health insurance carriers—have paid on claims.

J. First Billable Day

Medicaid payment is based on the facility's midnight census; therefore, the date of admission is counted as the first billable day. The discharge date or date of death is not billable to Medicaid. The only exception is when the date of admission and the date of discharge or death occur on the same day.

Attachment B: Items Included in Per Diem Rate

A. Dressing and Skin Care Items Included in Nursing Facility Per Diem

(Not all inclusive)

ABD pads Eye pads
Applicators, cotton-tipped Finger cots
Arm slings Gauze
Bandages, elastic or cohesive Lotions

Band-aids Nonprescription creams

Bath soap Nonprescription medicated powder

Body oil Ointments Composite pads Petroleum jelly Corn starch Powder Cotton balls Shampoo Decubitus ulcer pads Sponges Deodorant Sterile pads Disposable diapers or reusable diapers, Surgical dressing as required for individual patients Surgical pads Underpads Disposable ulcer pads

Disposable underpads

B. Personal Hygiene and Laundry Included in Nursing Facility Per Diem

(Not all inclusive)

Bath soap Nail care
Brush Patient gowns

Comb Personal laundry (no dry cleaning)

Cotton balls Razors

Cotton swabs Sanitary napkins and related supplies

Dental floss Shampoo
Denture adhesive Shaving cream

Denture cleaner Specialized cleansing agents (skin)

DeodorantTissuesDisinfecting soapsToothbrushHair conditionerToothpasteHair cutsTowelsMoisturizing lotionWashcloths

C. Medical Supplies and Equipment Included in Nursing Facility Per Diem

(Not all inclusive)(List continues through p. 31)

Ace bandages Bibs

Adhesive and adhesive removal Bottles, specimen

Adhesive tape

Brown paper bags (isolation only)

Air mattress, disposable

Airway (oral, reusable)

Buck extension

Canes, regular and customized

Airway, disposable

Anti-embolic hose

Asepto-syringes

Aspirating catheters

Cannula

Catheter, 3-way

Catheter, aspirating

Catheter, disposable

Basins Clysis set

Bed frame equipment-turning frames, Colostomy bags, belt, gasket, irrigation

bedrails, trapeze bars, foot cradles syringe

Bed pans, fracture and regular Crutches, regular and customized

Bedside utensils Douche bags

Medicaid Clinical Coverage Policy No: 2B-1 Amended Date: June 1, 2023

Drainable stoma bags
Drainage bags
Enema cans and supplies
Flex trach tube
Furacin gauze
Gloves, sterile and unsterile
Gowns (isolation only)
Gowns, patient
Heat cradle
Heating pads
Heel protectors
I.V. solutions

Incontinency pads and pants, disposable

or reusable Infusion arm boards

Inhalation therapy supplies (aerosol

inhalators, nebulizer and

replacement kits, steam vaporizers, IPPB-intermittent positive pressures breathing machine, oxygen tents and

masks)

Ice bags

Invalid rings, all sizes

IPPB

Irrigation syringes or bulbs K pads, water-heated Lemon-glycerine swabs

Levine tubes Linens

Mattresses (air, air p.r., alternative pressure, flotation water)

Nasal catheter

Nebulizer for moist nebulization Needles, all types and sizes

Oxygen Oxygen mask

Oxygen nebulizer and regulator

Pad, eye Pad, foam

Pad, foam, self-adhering

Pads, flotation Pads, non-stick

Paper mask (isolation only)

Paper tape Patient lift Pharmadine

Pillowcase (disposable, isolation only)

Pilo pump Pitchers

Pressure pads, donut

Pumps, aspiration and suction

Restraints
Roller gauze

Saline, sterile (30 cc)

Sandbags

Scales suitable for NF purposes

Scalp vein set

Scalpels, blades, disposable scalpels

Sheepskin

Sheets, disposable (isolation only) Sheets, half, disposable (isolation only)

Sitz bath, disposable Skin closures Skin gel

Solutions, sterile, irrigating

Specimen cups

Speculum, vaginal, disposable

Splint, finger or wrist Suction equipment Suture and needle, sterile

Syringes, all types and sizes, disposable

and reusable

Tape-butterfly; for lab tests; nonallergenic, surgical and adhesive

Tissue wipes Tissue, bedside Tongue depressors Trach soap

Tracheostomy brush Tracheostomy mask Tracheostomy tubes Tray, catheter (disposable)

Tray, I.V. set

Tray, irrigation (disposable)

Tray, service Tray, suture Tray, suture removal Tray, tracheostomy Tray, urethral catheter Tube, stomach Tube, urinary drainage

Tubes, nasogastric, NG feeding and

stomach

Tubing, cannula, nasal

Tubing, catheter, all types, including plugs, clamps and drainage bags

Tubing, drainage, all types

Tubing, I.V. Tubing, oxygen

Tubing, suction (large bubble) Urinals, male and female Urine, leg bath (disposable)

Uro sheath catheter Urostomy bags Vaseline gauze Walkcane Walkers

Water, sterile (quart, gallon, etc.)

Medicaid Clinical Coverage Policy No: 2B-1 Amended Date: June 1, 2023

Wheelchairs

Attachment C: Preadmission Screening Resident Review Process

A. The PASRR Process

Before the DHHS designated contractor for PASRR can approve a nursing facility level of care, a Level I or, if appropriate, Level II PASRR number must be obtained for all new admissions. A PASRR number must also be obtained for residents who were admitted prior to February 1994 who have a change in financial, medical, or mental status. The PASRR number can be found on the NCMUST.com website.

B. Completing the North Carolina Level I Screening Form

The county department of social services or appropriate clinical staff from the referral source completes the North Carolina Level I Screening Form. The individual performing the evaluation must be familiar enough with the applicant or beneficiary to respond to clinical and/or medical status questions.

If there is clearly no evidence of SMI, IDD, or RC (as defined in **Subsection 5.1.3**), complete the Level I form through Section III. If there is evidence or suspicion of one or more of these conditions, complete every section of the Level I form.

C. Submitting the North Carolina Level I Screening Form

Agencies_shall submit PASRR screenings and Tracking forms through NC Medicaid's web-based tool or through a third-party vendor with interface capabilities into NC Medicaid's web-based tool. In most cases a PASRR number is will be noted at the NCMUST.com site within approximately 30 minutes unless it is flagged for manual nurse review for out-of-state providers, out-of- state residents, or a Level II evaluation. The website automatically refers the beneficiary needing a Level II evaluation to the appropriate provider.

The receiving nursing facility submits the North Carolina Nursing Facilities Tracking Form to the PASRR contractor, who forwards the North Carolina Level I Screening Form to the nursing facility for the resident's file.

Refer to **Attachment F** for additional information on the prior approval process.

D. Completing the North Carolina Level II Screening Form

If a Level II evaluation is needed, the DHHS designated contractor for PASRR notifies the referral source that a Level II PASRR evaluation is required and requests that health records be available for the on-site evaluation by a qualified mental health professional.

- 1. A face-to-face, in-depth assessment is performed by the field assessor.
- 2. When the Division of Mental Health, Developmental Disabilities and Substance Abuse Services makes the final determination for placement and services, a PASRR number is assigned, if appropriate, and sent to the referral source.
- 3. A letter is mailed by the PASRR contractor to the resident or responsible party, informing them of the final decision and their appeal rights.

If the Level II individual is a Medicaid beneficiary, the referral source contacts the PASRR contractor (1-800-688-6696 or 1-919-851-8888) and proceeds with the Medicaid nursing facility prior approval process (refer to **Attachment F**).

The receiving nursing facility submits the North Carolina Nursing Facilities Tracking Form via the web portal, the web portal then triggers an action from the website to send the North Carolina PASRR determination notice to the nursing facility, via e-mail, for the resident's file.

E. The North Carolina Nursing Facilities Tracking Form

The North Carolina Nursing Facilities Tracking Form indicates to the DHHS designated contractor for PASRR that an applicant has been admitted to a Medicaid-certified nursing facility. The nursing facility shall complete and submit this form via the web portal for all new admissions in order to obtain a copy of the Level I evaluation and, if appropriate, the Level II evaluation results. These results **must be kept in the individual's health record** so they are available to the facility's care planning team and to state or federal auditors.

F. Transfers

- Level I: Level I information must be transferred with the resident upon transfer to another Medicaid-certified nursing facility. Unless there is a change in mental status, no further contact with the PASRR contractor is required for residents who are not subject to the PASRR Level II process.
- 2. Level II: Level II information must also be transferred with the resident upon transfer to another Medicaid-certified nursing facility. Receiving facilities shall immediately report admission of a resident who has been evaluated by the Level II process to the PASRR contractor.

The North Carolina Nursing Facilities Tracking Form is also the mechanism used to monitor location for persons with SMI, IDD, or RC. It must be submitted via the web portal for these Level II residents if any of the following occur:

- 1. A Level II resident transfers to another Medicaid-certified facility.
- 2. A Level II resident expires.
- 3. A Level II resident is discharged from the nursing facility system.

Note: Discharge means either that the resident has been placed in a less restrictive setting than the nursing facility or that the resident no longer resides in a Medicaid-certified nursing facility.

G. Time Limited Stays

The referral source completes the North Carolina Level I Screening Form and contacts the DHHS designated contractor for PASRR for a PASRR number.

- 1. If a Level II evaluation is not needed, a time limit and a PASRR number is assigned by the PASRR contractor. The PASRR number ends with one of the following letters:
 - D—represents a 7-calendar-day approval
 - E—represents a 30-calendar-day approval

2. If the individual is a Medicaid beneficiary, the referral source submits the PASRR form via the web portal and then proceeds with the Medicaid nursing facility prior approval process (refer to **Attachment F**). If needed, assistance can be requested at (800-688-6696).

The receiving nursing facility submits the North Carolina Nursing Facilities Tracking Form to the PASRR web portal.

- 1. If the resident is to remain beyond the authorized time frame, the receiving facility contacts the PASRR contractor prior to the end-date to update the Level I information (contact within five (5) calendar days for a 7-calendar-day authorization; within 25 calendar days for a 30-calendar-day authorization; or within 50 calendar days for a 60-calendar-day authorization).
- 2. If approved, the DHHS designated contractor for PASRR issues the new PASRR number.
- 3. If a Level II evaluation is needed, the PASRR contractor completes the Level II evaluation.
- 4. If approved through the Level II process, the facility contacts the DHHS designated contractor for PASRR to update the nursing facility prior approval.

H. Significant Change (New Level I Required)

To request a significant change review, the nursing facility staff completes the North Carolina Level I Screening Form and submits it via the NC Medicaid web portal or through a third-party vendor with interface capabilities into NC Medicaid's web-based tool, to re-evaluate the resident.

The same process is followed as with the Preadmission Level I or Level II, except that a North Carolina Nursing Facilities Tracking Form is not required regarding admission.

Attachment D: North Carolina Level I Screening Form

< First Page << Previous Next >> Last Page > North Carolina PASRR Level I Screen Print Form									
PASRR NO Department of Health and Human Services home page	Level I	V	alidate Entries						
Screening Type									
Please Enter the Type of Scre	ening				Date				
Screener Informtion					*				
Last Name	First Name Telephone				Fax	Fax Email			
Organization ID	Organizat	ion Name			Submitted On E	Behalf Of	E	Email (Behalf Of)	
Organization ID (Behalf Of)		Organization N	lame(Behalf Of)			Fax(Beha	alf Of)	Ph	one(Behalf Of)
Applicant Information	1								
Applicant									
Last Name			First Name			1	Middle Nan	ne	
Permanent Mailing Add	lress (wher	e does appli	cant receive the	ir mail?)					0
Street Address				C	ity		5 tate		Zip Code
Patients Current Locati	on (where	does applica	nt physically res	ide?)					
Specify Location Ty	pe: ●S	ame As Scree	eners Organizat	ion	○ Same As I	Permanent l	Mailing A	ddress (Other(enter below)
Personal Details					107-13		4 5	T.	
Social Security Number	D	ate of Birth		Applicant	t's Home or Cell P	hone Number	Gender		Marital Status
Medicare Number	Medicaid ID	Number	Medicald Statu	S	Medicald Count	ty of Residence	Apı	licant's Preferred Setting of Care	
Legally Responsible Per	son								
Who Has Legal Responsibility	for this Appl	icant? Name			Stree	et Address			
City	State		Zip	Н	lome or Cell Phor	ne Number (999	9-999-9999) Work Phone N	lumber (999-999-9999)
Other Contact Person	*:		*	8				<u>.</u>	
Name Type of Contact				Home/Cell Number (999-999-9999) Work Phone Number (
Name		Type of Contac	t	Hom	ne/Cell Number (999-999-9999)	Work Ph	one Number (99	9-999-9999)
Name Street Address		Type of Contac	t	Hon		999-999-9999)	Work Ph State	one Number (99	9-999-9999) Zip Code
30.000,000,000	sician	Type of Contac	t.			999-999-9999)		one Number (99	T
Street Address	sician	Type of Contac	t			999-999-9999)		one Number (99	T
Street Address Attending/ Primary Phy	sician	Type of Contac	t	City			State		T

 Cat No. 16106T (Rev. 04-2009 - 004)
 Form Serial Number:
 Page 1 of 4

<pre> < First Page << Previous Nex</pre>	tt >> Last Page >	North Carolina PASF	RR Level I Sc	reen Prin	t Form				
Physical Health Diagnoses									
Substance Abuse									
Has History Of, or Currently has a Substance Ab	use Problem	Date of Last Use (MM/DD/YYYY)							
Terminal Prognosis									
	r Certified a Terminal Prognosis:) No	Name of Physician		Date of Physician Certif	ication				
Cognitive Impairment									
Is there a Cognitive Impairment Diagnosis?									
Yes No Cognitive Impairment Diagnoses	If Oth.	er Cognitive Impairment Diagnosis, S	necify	Is Dementia the Primary	/ Diagnosis ?				
				○ Yes ○ No					
Current Psychiatric Medications	Add Additional Medication								
Medication Name			Type of Medicatio	n	Delete				
If this is a Psychiatric Medication and there is no	Mental Health Diagnosis, Ident	ify Purpose for this Medication							
,		×							
Mental Health									
Mental Health (MH) Diagnoses									
Is there an MH Diagnosis? Yes No	Disorders/Diagnoses	If	Other MH Diagnos	is, Specify					
Intellectual/Developmental Disability	(I/DD) Diagnosis								
Is there an I/DD Diagnosis? If I/DD Diagnosis Yes No	is Present/Suspected, Indicate tl	ne Severity Level Ag	ge at Onset (years)	Are I/DD Services Being O Yes No	Provided?				
Conditions Related to Intellectual/Dev	relopmental Disability (I/D	D) Diagnoses							
Is there a RC Diagnosis?									
Select All RC Diagnoses	If Other RC Diagr	ioses, Specify	Did the Condition Yes No	Manifest Prior to Age 22	?				
Cat. No. 16106T (Rev. 04-2009 - 004)	Form Serial Num	ber:			Page 2 of 4				

< First Page << Previous Nex	(t >>	Last Page >	Vorth	Carolina PA	SRR Level	l Screen [Prin	t Form
Mental Health Behavioral Profile								
Concentration / Task Limitations within the Pas	t 6 Mont	ths	Adapti	ng To Changes with	in the Past 6 Mc	nths		
(Other) Concentration / Task Limitations within	the Dec	t & Mantha	(Other) Adapting To Changes within the Past 6 Months					
(Other) Concentration / Task Limitations within	i tne Pas	L 6 MONLINS	(Otner	Adapting to Chang	ges within the P	ast o Months		
Mental Health Treatments Add Add	litional [*]	Treatment						
Treatments Received within the Past 2 Years			Date Treatment was Received (MM/DD/YYYY)					Delete
Mandal III.	iti a mali lu	tti						
Mental Illness Interventions Add Addi Interventions to Prevent Hospitalization	itional ir	ntervention		Intervention Treat	ment Date (MM	/DD/WWW		
interventions to rievent nospitalization				intervention freat	ment Date (WW)	700/1111)		Delete
If Other MI Intervention, Specify								
Orientation								
Oriented to Time		Oriented to Person			Oriented to Pla	ce		
○ Yes ○ No		Yes No			O Yes	No		
Mood and Behavior						<i>-</i>		
Socially Inappropriate/Disruptive Behaviora	l Sympt	oms	Wandering			Physically Abusive		
Resists Care	□Ver	bal Expressions of Distress	Self	Deprecation		Unrealistic Fears		
Anxious Non-Health Complaints Concerns	Per	sistent Anger	Repetitive Verbalizations		Negative Staten	nents		
Sad, Pained, Worried, Facial Expressions	Cry	ring/Tearfulness	Unpleasant Mood In Morning		☐ Insomnia Distur	bed Sleep	Patterns	
Reduced Social Interaction/Isolation	Rep	petitive Physical Movements	Withdrawal From Activities Of Interest					
Interpersonal Functioning								
Combative		Dangerous to Self, Others, or Property?			Altercation	ons		
Evictions Due To Socially Inappropriate Beha	avior	Fear of Strangers	Fear of Strangers			Comments		
Suicide Attempts/Ideation		Social Isolation	Excessive Irritab			Irritability	rritability	
Hallucinations		Paranoid Ideation	☐ Homicidal					
Other Conditions								
Categoricals								
Is this a Request for a Short Term Nursing Facilit Yes No	y Stay?		If Yes Then Indicate the Duration of the Nursing Facility Stay					
Communication								
Makes Self Understood	Unc	derstand/Use Of Language						

 Cat. No. 16106T (Rev. 04-2009 - 004)
 Form Serial Number:
 Page 3 of 4

< First Page	< Previous	Next >>	Last Page	2 >	North	Carolina	PASR	R Leve	I Scree	n [Print F	orm
Functional Limita	itions											
Does the applicant hav	e any functional	limitations?		Select Al	ll That Apply							
O res O No												
Screener Certification												
Supplier Of Inform	ation	P	lease select	the m	ost appro	priate op	tion be	low:				
			proces	ed with s, I hav	h a Licen ve receive	ve of the sed Adul ed the pap ned copy	t Care l per form	Home. n by an	As per to approv	he afor	emention	ned
						ntative of ed with a				creene	d, and I a	am
By checking the bo	ox below, I cer	tify that I hav	e completed	the abo	ove screeni	ng of the a	applican	t to the l	est of m	y knowle	edge.	
I understand falsifi Medicaid fraud and							in this sc	reening	will be su	ıbject to	investiga	tion for
This screening is No	This screening is NOT physician's orders. There is no physician's signature on the form											
☐ Screener Certi	fication											

 Cat. No. 16106T (Rev. 04-2009 - 004)
 Form Serial Number:
 Page 4 of 4

Attachment E: NC Nursing Facilities Tracking Form

NORTH CAROLINA NURSING FACILITIES TRACKING FORM

DXC, 2610 Wycliff Road, Raleigh, NC 27607							
Phone: 1-800-688-6696 / Fax: 1-866-216-3424							
Resident/Applicant Demographic Informati	on						
Last Name:	Social Security Number:						
First Name:	Date of Birth:						
Middle Name or Initial:	PASRR Number (if applicable)						
Immediate Response!! Complete This Section for an Existing PASRR #.							
Requestors Name:	Requestor (to receive #):						
Fax # (You still must complete Tracking Section below):							
Section I: NEW ADMISSIONS (Transfer / Tracking). Complete for NF admissions to receive screen result (Level I, Level II).							
Admitting Facility:	Admission Date:						
	Contact Person:						
Address:	Telephone:						
City, State, ZIP	Fax Number:						
Section II: Purpose of Tracking Form Subn	nission						
_ Request for copy of Level II Screening Information	✓ Notifying DXC of a change in patient's location or status						
Section III: TRANSFERRED, DISCHARGED, or DECEASED INDIVIDUALS. Complete for individuals who have received previous Level II screens.							
A. TRANSFER (Tracking) Select							
B. DISCHARGE (Tracking to lower LOC, may result in expiration	on of PASARR #): Select						
C. DECEASED (Deceased status results in PASRR # expiration): <u>Select</u>							

Attachment F: Prior Approval Process

A. Requesting Prior Approval

Prior approval (PA) requests for nursing facility level of care (LOC) are initiated by submitting the FL-2 form DMA 372-124 electronically through the website of the DHHS utilization review contractor.

Records may also be sent to justify the LOC.

The FL-2 form DMA 372-124 or the Physician's Signature for authorization of LOC form DMA-0100 must be current, with a physician's signature dated within 30 calendar days of receipt by the DHHS utilization review contractor.

The attending physician shall **sign** and **date** the FL-2 form DMA 372-124 or the Physician's Signature for authorization of LOC form DMA-0100 **prior to** submitting the approval request.

Note: A Level I PASRR evaluation must be performed before anyone, regardless of pay source, can be admitted to any Medicaid-certified nursing facility.

A request for prior approval does not guarantee claims payment. Services cannot be reimbursed until the FL-2 is submitted for final review and approval.

B. Processing Steps for an Electronic FL-2

The following procedure is used to process the electronic FL-2 for prior approval:

- 1. The FL-2 form DMA 372-124 or the Physician's Signature for authorization of LOC form DMA-0100 must be accurately completed, **signed**, **and dated by the attending physician**. A PASRR number must be obtained, before submission for prior approval. The FL-2 is then submitted via the identified Web access to the DHHS utilization review contractor's Long Term Care Prior Approval Unit.
- 2. The DHHS utilization review contractor's nurse analyst, following the N.C. Medicaid nursing facility LOC criteria, reviews the FL-2.
- 3. If the documentation on the FL-2 supports the nursing facility LOC (refer to **Subsection 3.2.2**), the DHHS utilization review contractor assigns a prior approval number. An approval notice is sent to the Office Administrator inbox assigned to the provider who submitted the prior approval request, (hospital, nursing facility, beneficiary's county DSS). The provider who submitted the prior approval request shall notify the county DSS when the request is approved.
- 4. If the nursing facility LOC is not evident upon review of the FL-2, a denial letter or a request for additional information is sent by mail (certified mail if the request is denied) to the provider who submitted the prior approval request and to the Office Administrator inbox assigned to the provider. A copy of the FL-2 with medical records may be submitted to the DHHS utilization review contractor by mail, upload, or faxed along with a system generated cover sheet printed from the website of the DHHS utilization review contractor for re-evaluation.

Note: The DHHS utilization review contractor will re-evaluate the additional information if it is received within 10 business days of the date of return.

5. If the FL-2 and medical records do not meet the nursing facility LOC criteria, they are forwarded to the DHHS utilization review contractor's medical director to review. If the medical director agrees that the FL-2 and medical records do not meet the nursing facility

LOC criteria, the nursing facility LOC is denied. A denial letter is sent to the provider who submitted the prior approval request. A denial letter and appeal form is also sent to the beneficiary.

Note: Information on an appeal of denial of nursing facility level of care is located at http://www.oah.state.nc.us/hearings/medicaid.html.

C. Retroactive Prior Approval

It is the responsibility of the nursing facility to ensure that an approved prior approval is on file with the DHHS utilization review contractor when a beneficiary is admitted to their facility.

- 1. Requests for retroactive approval for nursing facility services may be approved when the initial authorization is requested or after the prior approval request has been approved.
- 2. The DHHS utilization review contractor shall approve up to 30 calendar days of retroactive coverage during the initial authorization if the admission date is on the FL-2 form DMA 372-124 or the Physician's Signature for authorization of level of care form DMA-0100.
- 3. Retroactive coverage requests exceeding 30 calendar days, but less than 90 calendar days, must be made in writing and contain all pertinent health records for the dates of service requested. Requests for retroactive coverage can be made during the initial request for prior approval or after the prior approval request has been submitted and approved.
- 4. Submit copies of pertinent nurses' notes, a history and physical, therapy notes, therapy evaluations, signed medication administration records, activity of daily living sheets and any other pertinent information that justifies the nursing facility LOC.
- 5. The health records submitted **must** date back to the requested date for retroactive coverage.
- 6. A cover letter requesting retroactive coverage indicating the "from" and "to" dates, along with a contact person's name and telephone number must be attached to the prior approval or the information may be documented in the Additional Information section of the prior approval.
- 7. Request for retroactive approval on an authorized prior approval must be initiated through the call center of the DHHS utilization review contractor.
- 8. Retroactive prior authorization is not applicable to beneficiaries covered under Medicaid Managed Care.

D. Prior Approval for Ventilator Services

Requests for prior approval for ventilator services must document the following:

- 1. An FL-2 form with:
 - a. PASRR number.
 - b. Current physician's signature and date.
 - c. National Provider Identifier of the facility that is or will be rendering ventilator services.
- 2. Health records, documenting the number of hours of ventilator use and the ventilator settings.
- 3. A completed ventilator addendum form signed and dated by the physician within 45 calendar days of the authorization for ventilator LOC.

The FL-2 and addendum must be submitted electronically to the DHHS utilization review contractor's Prior Approval Unit for review based on the N.C. Medicaid LOC criteria for ventilator care.

Medicaid

Amended Date: June 1, 2023

When the beneficiary transfers from the hospital to a nursing facility or to a different nursing facility, the facility shall notify the DHHS utilization review contractor's Prior Approval Unit of the transfer. If the DHHS utilization review contractor is not notified within 30 calendar days of the transfer, a new prior approval is required. If the beneficiary is in the hospital and placement has yet to be determined, the hospital's provider number must be entered on the authorization request.

E. Physician Signature

The FL-2 form DMA 372-124 and the Physician's Signature for authorization of level of care form DMA-0100 require a valid physician signature and date. Medicaid's DHHS utilization review contractor shall accept these forms with corrected dates if the physician who makes the error draws a single line through the incorrect date, writes the correct date above or next to the incorrect date, and initials the correction. Family nurse practitioners (FNPs), physicians' assistants (PAs), and surgical assistants (SAs) may sign the FL-2 form DMA 372-124 or the Physician's Signature for authorization of level of care form DMA-0100 only if the attending physician co-signs and dates the form. The corrected signature and date is not for the purpose of updating an expired FL-2.

Altered Physician Signature Date

			SJ
Acceptable	S. Jones MD	7/22/05	7/23/05
			SJ
Not Acceptable	S. Jones MD	3/28/05	7/28/05

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Attachment G: FL-2 Form

CSI	RATE	M	C DMA Long Te	rv	Caro El 2 E	orm			_\\\TRACKS
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4. Recipie					ent Gender:				
7. Admissi	on Date (current loca	tion)		Jame: 9. PASRR #:					
	Address:				11. Provider Number				
12. Attend	ding Physician Name/	Addre							
13. Relative Name/Address:									
	100	Но	me SNF CF Hosp	oital	I ☐ Dom ☐ Other:				
15. Reque			nt Care Nursing Facility					☐ Exte	nded Care
□ oos n	F OOS Vent	CAP/	CH SNF CAP/CH Hosp] CA	AP/DA SNF CAP/DA	ICF 🗆	Oth	ier:	0.00 to 30 ver 150 0.00 ver 50 ver
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3	XXX					хххх			x
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	ittently		Semi-Ambulatory		Incontinent			Inconti	
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-	ly Abusive	10	Sight	C	ommunication of Needs		Normal		
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	us to Others us to Property	+	Speech Contractures	Non-Verbally Does Not Communicate		Other: OZ PRN: Cont:		PRN: Cont:	
Other		Ac	tivities Social	Skin		Nutrition Status			
	re Assistance		Passive Normal		THE RESIDENCE		Diet		
Bathin Feedir		+	Active Group Participation	Other: Decubiti – Describe:		Supplemental Spoon		mental	
Dressi			Re-Socialization		J Decaditi Describe:			Parente	eral
Total 0		Family Supportive					Nasogastric		
Physician VI 30 Day		Ne	urological Convulsions/Seizures	Dressings:				Gastronomy Intake and Output	
90 Day			Grand Mal	J. S. C.S. IIIgs				Force F	
Over 1	80 Days		Petit Mal				Weight		
Special Care	Factors	Fre	Frequency quency	Special Care Factors			Pre	Height quency	
Blood	Pressure	1.7			Bowel & Bladder Program				
	ic Urine Testing				Restorative Feeding Prog	ram			
	licensed PT) of Motion Exercises	+		+	Speech Therapy Restraints				
		_	Medications - Name & S	_	gth, Dosage and Route		*:		
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3.	*			9.		-			
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Additional l	nformation:	288							
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Attachment H: Physician's Signature for Authorization





NC DMA Physician's Signature for authorization of level of care

CAP/DA Intermediate	CAP/DA Skilled	
CAP/C Skilled CAP/C	C Hospital PACE	
Recipient Information:		
Name:	Recipient ID:	
Receiving Facility Name (if kno	own):	
Date LOC/ determination mad	de:	
Date of Move to facility (if kno	own)	
	n the state approved level of care form is accurate and reflects th	e needs
×5	above named individual.	
or the recipient regarding the	MEN 2 1 10 6 1 (1) A 3 1 3 4 6 7 1 1 1 2 4 3 1 4 5 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
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Attachment I: Notice of Transfer/Discharge

NURSING HOME NOTICE OF TRANSFER/DISCHARGE

1)	DATE OF NOTICE:
2)	RESIDENT:
-,	FACILITY:
	ADDRESS: ADMINISTRATOR: PHONE:
3)	DATE OF TRANSFER/DISCHARGE:
4)	REASON(S) FOR TRANSFER/DISCHARGE: Under federal law 42 CFR §483.15, you may only be transferred or discharged from this nursing facility for one of the following reasons:
	It is necessary for your welfare and your needs cannot be met in this facility;
	Your health has improved sufficiently so that you no longer need the services provided by this facility;
	The safety of individuals in this facility is endangered due to the clinical or behavioral status of the resident;
	The health of individuals in this facility would otherwise be endangered;
	You have failed, after reasonable and appropriate notice, to pay for (or to have paid under Medicare or Medicaid) a stay at this
	facility; or
	The facility ceases to operate.
5)	In addition to notifying you (i.e. the resident) of this transfer/discharge, has also been
٠,	In addition to notifying you (i.e. the resident) of this transfer/discharge, has also beer notified [Resident's representative(s)]
6)	THIS FACILITY PLANS TO TRANSFER OR DISCHARGE YOU TO:
NT A	AME OF FACILITY I OCATION.
AE.	AME OF FACILITY/LOCATION:PHONE:
	00 to 1/1 20 00 to
tl a	APPEAL RIGHTS You have the right to appeal this transfer/discharge to the DHHS Hearing Office WITHIN 11 CALENDAR DAYS of the date of his notice if you want to continue to stay at this facility. The appeal will be at no cost to you or your representative. The request for an appeal (see attached form) must be received by the hearing officer no later than the 11 th calendar day or your right to appeal is waived. If you wish to review your medical record, we must allow you to see it no later than five working days prior to the hearing.
	LONG TERM CARE OMBUDSMAN
Y o	You may wish to contact your regional Long Term Care Ombudsman for help in mediation with the facility or for assistance in obtaining free legal services, if qualified. The ombudsman's contact information is below:
N	NAME: EMAIL:
A	ADDRESS: PHONE:
F	Facility sent Ombudsman a copy of the Notice:
F	f mentally ill or developmentally disabled, you or your family member or legal representative may wish to contact: DISABILITY RIGHTS NORTH CAROLINA, 3724 National Drive, Suite 100, Raleigh, NC 27612. Telephone number: (919) 856-2195 or 1-877-235-4210 or TTY 1-888-268-5535
Sig	gnature of Administrator Date
DN	//A-9050 (11/2016)

Attachment J: Hearing Request Form

NURSING HOME HEARING REQUEST FORM

TO BE COMPL	ETED BY NURSING FACILITY
Resident:	
Facility:	
Date of Transfer/Discharge Notice:	
Date of Scheduled Transfer/Discharge:	
I would like to request a hearing to appeal the ablearing to be held (please check <u>one</u>):	pove resident's notice of transfer/discharge. I would like for the
☐ By telephone	
☐ In person in Raleigh, N	C
Name of Person Requesting Hearing:	
Address:	
Telephone Number:	Date:
Signature:	
(The signature of resident or resident's represent	tative(s) authorizes release of medical records)
If you have questions, you may contact the DHI-	IS Hearing Office by calling (919) 814-0090.
TRANSFER OR DISCHARGE THAT WAS REQUEST MUST BE RECEIVED NO LATE	ATION AND ATTACH A COPY OF THE NOTICE OF ISSUED TO YOU BY THE NURSING FACILITY. YOUR ER THAN ELEVEN (11) CALENDAR DAYS FROM THE ISCHARGE. YOUR REQUEST FORM MAY BE O: DHHS Hearing Office 2501 Mail Service Center Raleigh NC 27699-2501 Fax (919) 814-0032 Email: DMA.DHHSHearingOffice@dhhs.nc.gov
Informational webinars regarding the Transfer/Discharge he	aring process can be found at http://www.ncdhhs.gov/dma/ahearings.htm
DMA-9051 (11/2016)	

Attachment K: Medicaid Minimum Data Set Validation Program

A. Background

On October 1, 2004, NC Medicaid began the Medicaid MDS Validation Program as a component of the Medicaid Case Mix Reimbursement System. All facilities participating in the Medicaid Case Mix Reimbursement System are required to participate in the MDS Validation Program. The overall goal of the Case Mix Reimbursement System is to align payments to the facility based on the resources utilized by the residents in the facility. Accurate completion of the MDS assessment is a very important function of the nursing facility staff and ensures that the nursing facility receives correct payments from N.C. Medicaid.

The MDS Validation Program provides NC Medicaid and the nursing facility with assurance that Medicaid payments are accurately based on the recorded medical and functional needs of the nursing facility resident as documented in the health record. The MDS Validation Program replaces the FL-2 utilization review program performed by the facility staff and contract physicians. The Utilization Review Program was discontinued as of September 30, 2003.

The MDS contractor provides registered nurse reviewers certified in the MDS to conduct annual onsite or remote MDS reviews at each nursing facility in North Carolina.

B. Resource Utilization Group Reimbursement System

N.C. Medicaid uses the 34 Grouper Resource Utilization Group (RUG) system to assign the facility Case Mix Index (CMI) rate. The residents in the facility are classified into one of 34 groups based on the quantities of resources utilized. Resources are defined as nursing time, therapy time, and nursing assistant time. The RUG classification is based on information from the MDS.

C. Case Mix

Case Mix refers to the combination of different resident profiles seen in a nursing facility.

D. Case Mix Index

The Case Mix Index (CMI) is the weighted numeric score assigned to each RUG group. The weight is assigned based on the resources used to provide care to the resident. The higher the CMI, the greater the resource needs of the resident.

E. Resident Roster

The Resident Roster is a list of all non-discharged residents as of the snapshot date that contains information on the RUG group transmitted to the state. It also provides the number of residents in each RUG category.

F. Case Mix Supportive Documentation Guidelines

The Case Mix Supportive Documentation Guidelines approved by NC Medicaid identify the documentation that is necessary to support the resident's assessment.

G. Protocols

- 1. The resident roster is produced on the CMI Report every quarter on the snapshot date and sent to the facility. The snapshot dates are March 31, June 30, September 30, and December 31. The review sample is drawn from the CMI report two (2) quarters prior to the date of the review. For a facility review occurring in October, the review sample is drawn from the CMI report dated June 30. For a facility review occurring in February, the review sample is drawn from the CMI report dated September 30.
- 2. The sample is drawn from all residents listed on the final CMI report to contain a minimum of 90% Medicaid residents and 10% other.
- 3. An expanded review is done when the primary assessment sample results are greater than the state threshold for unsupported assessments. The expanded review contains an additional 10% of the residents on the final CMI report or an additional 10 assessments, whichever is greater.
- 4. If the findings of the MDS Validation Review result in recalculating the RUG scores, a change in the CMI rate for the nursing facility may occur. If the CMI differs from the value transmitted for N.C. Medicaid payment, a retrospective rate adjustment may be applied.

H. MDS Review Process

- 1. Nursing facilities are notified by the support staff by phone and by fax or email three (3) business days prior to the scheduled review.
- 2. An entrance conference is held with the nursing facility administrator, the MDS coordinator, and any other facility personnel the administrator selects to present the MDS review process.
- 3. The nurse reviewer provides a list of the resident records selected for review. Facility personnel pull the records immediately. If possible, the primary sample contains at least one (1) assessment from each of the seven RUG classification groups.
- 4. The review begins immediately after the entrance conference. The reviewers use the most current version of the Case Mix Supportive Documentation Guidelines to support the transmitted MDS values.
- 5. The reviewer verifies the supportive documentation to determine if the RUG category assigned on the Final Case Mix Report is supported with documentation.
- 6. Documentation for the Activities of Daily Living (ADLs) must reflect 24 hours of the observation periods to verify the submitted values on the MDS.
- 7. After the review of the supportive documentation, the nurse reviewers hold an exit conference with the facility staff to go over preliminary results. Any unresolved issues or trends are identified and discussed.
- 8. No supporting documentation is accepted after the close of the exit conference.
- 9. A case mix review summary letter is mailed to the provider indicating any changes to the RUG category and CMI that were made as a result of the review. If the facility disagrees with the findings of the review, a reconsideration of the review findings may be requested to NC Medicaid.
- 10. NC Medicaid reserves the right to conduct follow-up reviews as needed. A follow-up review occurs no earlier than 120 calendar days following the exit interview.

I. Delinquent Minimum Data Set Assessments

Any assessment with an assessment reference date (ARD A2300) greater than 121 calendar days from the previous ARD (A2300) is deemed delinquent and assigned a RUG code of BC1 with the lowest case mix index.

J. Unsupported Minimum Data Set Assessments

The MDS is unsupported when the RN reviewer does not find adequate documentation in the resident's health record as defined by the guidelines issued by NC Medicaid to support the RUG classification level. An unsupported MDS assessment may result in a different RUG classification from the one submitted by the facility. When unsupported MDS assessments result in a changed RUG classification and the unsupported cases exceed the established limit, the CMI will also change.

K. Effect of Unsupported Thresholds

Facilities are required to maintain no more than 25% unsupported MDS values. Failure to do so results in a recalculated RUG category for all MDS assessments and a recalculation of the direct rate. A retrospective rate adjustment may also be applied.

L. Minimum Data Set Validation Review Reconsideration

If the facility disagrees with the Medicaid MDS Validation review findings, the facility may request an informal reconsideration. The procedure is as follows:

- 1. A summary letter of the review findings is sent to the facility within 10 business days of the exit conference date.
- 2. If the facility disagrees with the findings, a written request for an informal reconsideration is sent to NC Medicaid within 15 business days of the receipt of the MDS validation findings letter. The request is sent to the NC Medicaid Facility Services Unit Manager, 2501 Mail Service Center, Raleigh, N.C. 27699-2501. The letter to NC Medicaid must describe in detail the reason a reconsideration has been requested.
- 3. NC Medicaid reviews the findings in question and renders a decision. This decision is sent in writing from NC Medicaid to the facility within 20 business days of the request for reconsideration.
- 4. If the facility disagrees with this decision, the facility should notify the NC Medicaid Facility Services Unit Manager within 10 calendar days of receipt of the decision. The information will be reviewed again by a neutral NC Medicaid staff member. A final decision is rendered in writing to the facility within 30 calendar days.

Attachment L: Nursing Facility Quality Initiatives

N.C. Medicaid Case Mix reimbursement to nursing facilities began in October 2003. As a condition of receiving case mix reimbursement, nursing facilities are required to participate in quality improvement initiatives.

- 1. A quality improvement initiative is a facility-wide program that has an impact on the quality of care or the quality of life for the residents.
- 2. The impact of the facility's chosen initiative should be supported by research or statistical data.
- 3. A quality improvement initiative could potentially span years. The initiative must be evaluated and updated by the facility at least annually and whenever necessary.
- 4. Quality initiatives that a facility might adopt are programs aimed at direct care worker retention and stability, incentive programs aimed at direct care worker retention, long-term-care staff mentoring, educational programs for staff, enhanced services for residents, adoption of Best Practices Guidelines, care issues, or pieces of the facility's existing quality assurance program.
- 5. The facility shall provide evidence that a program is in place. Evidence may include written documentation, interviews with facility staff and residents or their legally responsible person (written, phone, or face-to-face), or an on-site review of the program.
- 6. NC Medicaid may review the facility's quality initiative(s) every 12 to 15 months.

According to 42 CFR 483.75(g), a facility shall maintain a quality assessment and assurance committee.

- a. The committee shall consist, at a minimum, of:
 - 1. The Director of nursing services.
 - 2. The Medical Director or his or her designee.
 - 3. At least three (3) other members of the facility's staff, at least one (1) of whom must be the administrator, owner, a board member or other individual in a leadership role.
- b. The committee shall meet at least quarterly to identify issues with respect to which quality assessment and assurance activities are necessary.