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## Standard Operating Procedure

Policy reference: Community Alternatives Program for Disabled Adults, 3K-1; Section 6.0, <u>Program Specific Clinical Coverage Policies | NC Medicaid (ncdhhs.gov)</u>

Federal citation for the administration of a 1915(c) Home and Community-based Services Waiver: 42 CFR §441.302

- Purpose The State Medicaid Agency (SMA) retains ultimate administrative authority (AA) and
  responsibility for the health, safety, and well-being of waiver participants through an assurance that
  an adequate system is in place to monitor and confirm all CAP Home and Community-Based
  Services (HCBS) are provided by willing qualified providers.
- 2. Scope When all qualifying conditions are met, all enrolled North Carolina Medicaid providers may be eligible to render one or more of the 23 categories of HCBS offered though the CAP waiver by creating a Manage Change Request to add the corresponding CAP taxonomy using the NCTracks Portal. Table 1 below lists the 23 approved HCBS. To initiate a manage change request visit the NCTracks provider portal using this link: <a href="Providers Providers (nc.gov">Providers (nc.gov)</a>.

Table 1 - CAP/C HCBS Services

CAP/C HCBS	Procedure Code	Taxonomy Code
Assistive Technology	T2029	251B00000X and/or 332B00000X
CAP In-home Aide Services	S5125 & S5125 UN	253Z00000X
Case Management Services	T1016	251B00000X
Care Advisor Services	T2041	251B00000X
Community Transition Services	T2038	251B00000X and/or 332B00000X
Community Integration Services	T2033	251B00000X and/or 332B00000X
Congregate Services		
Coordinated Caregiving Services	G9003 & G9004	253Z00000X and
Home Mobility and Adaptative	S5165	251B00000X and/or 332B00000X
Services		
Financial Management Services	T2040	251X00000X
Individual Goods and Services	T2025	251B00000X and/or 332B00000X
Medical Supply	E0070	332B00000X
Non-Medical Transportation	A0090	251X00000X
Nutritional Services	H2010	251B00000X
Participants Goods and Services	T2025	251B00000X and/or 332B00000X
Pediatric Nurse Aide Services	T019	251J00000X
Personal Assistance Services	T2027	253Z00000X
Pest Eradication	T5999	251B00000X
Respite – Institutional	H0045	385H00000X
Respite – In-home	S5150, T1004 and T1005	385H00000X

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Specialized Medical Supplies:		332B00000X
-		
Training, Education and Consultative services	S5111	251B00000X
Vehicle Modification	T2039	332B00000X

## 3. Abbreviations of commonly used terms

AA – Administrative Authority

CD - Consumer direction

CAP – Community Alternatives Program

DHSR - Department of Health Services Regulation

DSP – Direct service providerFM – Financial management

FMS - Financial management services

HCBS — Home and Community-based Services

HSW – Health, safety, and well-being
 MDT – Multidisciplinary treatment
 PCSP – Person-centered service plan

POC – Plan of care

SMA - State Medicaid Agency

SP - Service Plan

## 4. Definition of terms:

Willing Qualified Provider – an organization that meets all enrollment requirements set forth by NC Medicaid and abides by those requirements; meets the minimum qualification outlined in Section 6.0 in the CAP Clinical Coverage Policy 3K-1; and agrees to comply with all business rules outlined in the CAP Clinical Coverage Policy as listed above.

- 5. Responsibilities The SMA, AA of the waiver maintains mandatory oversight of assuring an adequate system is in place to monitor and confirm all willing providers are qualified to render CAP HCBS by validating that:
  - a. On an initial and continuous basis, all direct service providers meet licensure and/or certification standards as set forth by regulatory agencies.
  - b. On a continuous basis, all direct service providers adhere to all policy standards prior to the rendering of CAP HCBS services.
  - c. On a quarterly basis, non-licensed/non-certified providers are monitored to assure adherence to program requirements.

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- d. On a quarterly basis, through multidisciplinary treatment team (MDT) collaboration, willing qualified providers monitor the service plan for health, safety, and well-being.
- e. On an as authorized basis, direct service providers deliver services in accordance with the service plan, including the type, scope, amount, duration, and frequency specified in the plan of care.
- f. On a daily basis, waiver participants are provided services in the least restrictive environment, free from seclusion, restraint, and restrictive interventions that are not physician ordered.
- g. On an initial, annual, and as needed basis, waiver participants are provided free choice to select among wiling qualified provider to render an approved CAP HCBS that is free from conflict.
- 6. Measure Each willing qualified provider shall meet the minimum qualifications and requirements to render any one of the above listed CAP services by illustrating the listed measures displayed in column 3 of Table 2.

Table 2 – CAP/C Qualifications and Requirements

HCBS Type	Required Qualifications & Requirements	Supporting Documentation
Case Management and Care	Enrollment as a NC Medicaid provider	Approved NC Medicaid Provider Approval Letter
Advisement	3 years of progressive and consistent home and community-based services experience	<ol> <li>Types of HCBS rendered and how those services were rendered.</li> <li>Number of years rendering those services</li> <li>Locations those service(s) were rendered.</li> <li>Number of individuals served by services rendered.</li> <li>Number of years working directly with individuals zero and older with chronic and severe physical disabilities</li> <li>Number of waiver participants wishing to serve.</li> <li>References</li> </ol>
	Connection to the service area	Physical location of the central office     Farthest expected proximity to waiver participants zip codes from central office and home-based offices

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		3. Number of years serving the
		catchment area
	Polices & Procedures	Agency policies on the following topics:
		<ul> <li>Developing and approving person-centered service plan</li> <li>Monitoring health, safety, and</li> </ul>
		<ul> <li>well-being</li> <li>Performance of home visits</li> <li>Managing critical incidents</li> <li>Knowing signs of fraud, waste</li> </ul>
		of abuse and when to make a report.  • Administrating services that are free of seclusion, restraint, and
		restrictive intervention <ul><li>Rendering services that are free from conflict.</li></ul>
		<ul><li>Advisory Board</li><li>Marketing strategy</li><li>Communication plan</li></ul>
	Qualified staff	Number of and discipline of professional and supportive staff     Qualification of each staff     Timeframe to conduct background check on each staff and actions taken upon the receipt of the background check (criminal and health registry)  4. Attestation of currently hired staff has passed a background check (criminal and health registry)
	Architectural ability to support the requirement of current and future automated programs	<ol> <li>Description of virtual office.</li> <li>Cyber security</li> <li>HIPAA requirements</li> <li>Safeguarding of PII/PHI and ePHI</li> </ol>
HCBS Type	Required Qualifications & Requirements	Supporting Documentation
Coordinated Caregiving	Enrollment as a NC Medicaid provider	Approved NC Medicaid Provider Approval Letter

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3 years of experience of delivering	Types of HCBS rendered and how
HCBS to elders and adults with	those services were rendered.
disabilities and their caregivers as a	2. Number of years rendering those
Home Health Agency	services
	3. Locations those service(s) were
	rendered.
	4. Number of individuals served by
	services rendered.
	<ol><li>Number of years working directly</li></ol>
	with individuals zero and older with
	chronic and severe physical
	disabilities
	Number of waiver participants
	wishing to serve.
	7. References
Connection to the service area	Physical location of the central
	office
	2. Farthest expected proximity to
	waiver participants zip codes from
	central office and home-based
	offices
	3. Number of years serving the
	catchment area
	4. Access to RNs. LPNs, behavioral
	support, and allied support
Dell'essa & Dessa Lessa	professionals
Polices & Procedures	Agency policies on the following topics:
	Accepting referrals
	Conducting assessments to
	determine care needs of the
	waiver participant and
	caregiver.
	<ul> <li>Developing and carrying out the care plan</li> </ul>
	<ul> <li>Monitoring health, safety, and</li> </ul>
	well-being of waiver participant
	to determine level of support to
	the caregiver.
	Conducting home visits
	Managing critical incidents
	Signs of fraud, waste of abuse
	and when to make a report.
	<ul> <li>Administrating services that are</li> </ul>
	free of seclusions, restraint, and
	irce of sectasions, restraint, and

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		restrictive interventions when not physician ordered  Rendering services that are free from conflict.  Types and frequency of training modules, coaching techniques to support the waiver participant and caregiver.  Marketing plan  Communication strategy
	Qualified staff	<ol> <li>Number of professionals and supportive staff on staff or who are PRN.</li> <li>Qualification of each staff</li> <li>Timeframe to conduct background checks for each staff and the action taken upon the receipt of the background check.</li> <li>Attestation that all staff currently on board has passed a background check</li> </ol>
	Architectural ability to support the requirement of current and future automated programs	<ol> <li>Description of virtual office</li> <li>Cyber security</li> <li>HIPAA requirements</li> <li>Safeguarding of PII/PHI and ePHI</li> </ol>
HCBS Type	Required Qualifications & Requirements	Supporting Documentation
Financial Management	Enrollment as a NC Medicaid provider	Approved NC Medicaid Provider Approval Letter
services	3 years of experience of developing, implementing, and maintaining a record management process	Number of years' experience     providing financial management     services through both the Agency     with Choice and Fiscal and     Employer Agent
	Ability to transact business in the State of North Carolina	Internal Revenue Services that documents ability to transaction business in North Carolina
	Financial Stability	Solvency statement
	Policies and Procedures	Agency policies on the following topics:

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Archi	tectural ability to support the	1.	<ul> <li>Compliance with Department of Labor Laws</li> <li>Conducting background checks and confirming hire-ability</li> <li>Creating a pay rate that is within budget.</li> <li>Employer/employee agreements</li> <li>Training and coaching to support individuals to direct care.</li> <li>Managing critical incidents</li> <li>Signs of fraud, waste of abuse and when to make a report.</li> <li>Assuring service hours approved were rendered f seclusion and restraint free unless physician ordered.</li> <li>Rendering services that are free from conflict.</li> <li>Payroll</li> <li>Customer service</li> </ul>
	rement of current and future	2.	Cyber security
auton	nated programs	3.	HIPAA requirements
		4.	Safeguarding of PII/PHI and ePHI

- 7. Procedure A Manage Change Request must be completed in the NCTracks portal to add the CAP taxonomies and procedure codes, refer to Table 1 on the provider Medicaid application profile to render CAP services and receive reimbursement for rendering a CAP service. Of the 23 CAP HCBS categories (table 1), three (3) of those services require the submission of a CAP provider enrollment packet to the CAP unit at NC Medicaid to obtain prior approval to support the Manage Change Request. When qualifying conditions have been validated, an approval confirmation letter which includes an effective and start date is granted by NC Medicaid. The three (3) CAP HCBS that require prior approval are:
  - a. Case Management/Care Advisement Services,
  - b. Coordinated Caregiving Services, and
  - c. Financial Management Services.

To request to be a willing provider of case management services, coordinated caregiving and financial management services, interested providers must mail the CAP willing provider enrollment

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packet to the attention of the CAP Unit at NC Medicaid at 2501Mail Service Center, Raleigh, NC 27609-2501. The application packet will be reviewed within 90 calendar days from the date of receipt to confirm that minimum qualifications and requirements are met. A CAP Willing and Qualified provider acknowledgment letter will be provided within 10 business days of receiving the provider application packet. A response notice of the department's decision will be provided by the 95th calendar day of receiving the enrollment packet. Requests for case management services are approved based on the needs in specific service areas. If technical assistance is needed to compile supporting documentation, you may arrange an appointment on Wednesdays from 12:00-1:00 p.m. by calling 919-855-4340.

The reimbursement methodology for case management, care advisement and financial management is a monthly flat rate. The reimbursement methodology for coordinated caregiving is a daily rate. The rate for case management, care advisement and financial management may be claimed by the last day of each given month when services are rendered and correctly documented. The rate for coordinated caregiving may be claimed by the weekly when services are rendered and correctly documented. The documentation requirements are listed in Table 3 below.

Table 3

HCBS	Documentation Requirement for Reimbursement
Case management and Care Advisement	<ol> <li>Completion of monthly and quarterly monitoring tasks</li> <li>Case note that documents completed case management activities.</li> <li>Completion of -critical Incident Reports, when applicable and associated root cause analysis.</li> <li>Completion of Individual Risk. Agreements, when applicable.</li> <li>Completion of initial, annual and COS assessments.</li> <li>Completion of initial and annual Person-Centered Services Plan.</li> <li>Completion of revisions to the POC.</li> </ol>
Financial Management	<ol> <li>Linking, referring, and following up.</li> <li>Upload of all supporting documentation in the e-CAP system that confirms enrollment in consumer-direction.</li> <li>Production of monthly expenditures reports.</li> </ol>
Coordinated Caregiving	Completion of monthly supervision tasks     Progress notes that documents.     Provision of the waiver participant needs of the live-in caregiver and supports provided to the family.

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Completion of critical Incident Reports,     when applicable and associated root     cause analysis.
<ol><li>Participating in annual and COS assessments.</li></ol>
<ol><li>Participation in annual Person-Centered Services Plan.</li></ol>
<ol> <li>Monthly reports to the CAP case manager on progression of the waiver participant and live-in caregiver.</li> </ol>
Participating in multidisciplinary team meetings.
<ol> <li>Linking, referring, and following up with waiver participant and live-in caregiver as needed.</li> </ol>