## Attachment M. Policies

## Attachment M. 13. Approved Partners Health Management In Lieu of Services

In Lieu of Services are alternative services or settings that are substituted for services or settings covered under the Medicaid State Plans or otherwise covered by this Contract but have been determined by the Department to be medically appropriate, cost-effective substitutes for the State Plan services included within this Contract.

The BH I/DD Tailored Plan may cover for Members, services or settings that are in lieu of services or settings covered under the State Plans as follows:

- 1. The Department determines that the alternative service or setting is a medically appropriate and cost effective substitute based on documentation provided to the Department by the BH I/DD Tailored Plan demonstrating such cost effectiveness and clinical effectiveness;
- 2. Members shall not be required by the BH I/DD Tailored Plan to use the alternative service or setting;
- 3. The approved In Lieu of Services are authorized and identified in this Contract and will be offered to Members at the option of the BH I/DD Tailored Plan; and
- 4. The utilization and actual cost of In Lieu of Services is taken into account in developing the component of the capitation rates that represent the covered State Plan services, unless a federal or State statute or regulation explicitly requires otherwise.

In the event In Lieu of Services do not meet cost neutrality, excess expenses will be excluded from the rate development process. In accordance with *Section V.B.2. Benefits*, the following In Lieu of Services have been approved by the Department:

| Attachment M.13 Approved Partners Health Management In Lieu of Services |   |   |          |                                 |   |
|---|---|---|----------|---------------------------------|---|
| No.   | Service Name                              | Revenue/<br>Procedure Code  | Approved | End Date<br>(Glidepath<br>only) | Description   |
| BCM07-<br>TP_4DII_12  | Long Term<br>Community<br>Supports (LTCS) | T2016 U5 U1 through U5 U4 and U5-U6 T2016 U5 U1 – Level 1 T2016 U5 U2 – Level 2 T2016 U5 U3 – Level 3 T2016 U5 U4 – Level 4 T2016 U5 U6 – Level 5 | ES       |                                 | Long Term Community Supports (LTCS) consist of a broad range of residential and day services for adults with developmental disabilities who, through the person-centered plan (PCP) process choose to access active treatment to assist them with skills to live as independently as possible in the community. LTCS is an innovative, community- based, comprehensive service for adults with intellectual and/or developmental disabilities (I/DD). |
| BCM07-<br>TP_4DII_19  | Rapid Response                            | S9484 U5 (low)<br>S9484 HK U5<br>(high)   | ES       |                                 | Rapid Response Homes are licensed therapeutic foster homes with a North Carolina Licensed Child Placing Agency or licensed alternative family living (AFL) homes that provides emergency treatment,   |

|                      |   |                                  |    |            | structure, stabilization, and supervision to children and youth who are experiencing a behavioral health crisis and who have Medicaid originating from the designated LME/MCO catchment area. This emergency service is intended to support family stability, prevent abuse and neglect, provide short term treatment, and prevent or minimize the need for out-of-home placements.   |
|----------------------|---|----------------------------------|----|------------|---|
| BCM07-<br>TP_4DII_10 | In-Home Therapy<br>Services                               | H2022 HE U5 U1<br>H2022 HE U5 TS | ES |            | In Home Therapy Services (IHTS) is a combination of evidence-based therapy services and coordination of care interventions to be provided in the home setting for individuals with complex clinical needs that traditional outpatient cannot adequately address in a time limited fashion. For some individuals in high-risk situations, such as families involved in domestic violence or child protective services, traditional outpatient services alone are not sufficient to address the needs and prevent future incidents. |
| BCM07-<br>TP_4DII_1  | Assertive<br>Community<br>Treatment Step<br>Down (ACT-SD) | H0040 U5                         |    | 12/31/2023 | ACT Step-Down (ACT-SD) is the next lower level of care under ACT Team and supports individuals who no longer need the full array of ACT Team services but are not yet prepared to move to office-based care. ACT-SD provides longer-term clinical, and recovery supports of moderate intensity.   |
| BCM07-<br>TP_4DII_3  | Behavioral Health<br>Urgent Care (BHUC)                   | T2016 U5                         | ES |            | Behavioral Health Urgent Care (BHUC) A designated intervention/treatment location, known as a Behavioral Health Urgent Care (BHUC) that is an alternative to any community hospital   |

|                      |  |  |    | Emergency Department where consumers with urgent primary behavioral health needs will receive triage and referral.  |
|----------------------|--|--|----|---|
| BCM07-<br>TP_4DII_2  | Youth Focused Assertive Community Treatment Team –ACTT Youth-Youth                                     | H0040 U5 HA  | ES | Youth Focused Assertive Community Treatment ACTT Youth-Youth) is a team- based multi-disciplinary approach to serve children in their homes, kinship placements, DSS foster homes, or may begin during transition from a more restrictive residential setting.  |
| BCM07-<br>TP_4DII_20 | Acute and Subacute<br>Services Provided in<br>an Institute for<br>Mental Disease                       | RC 0160  | ES | This service provides 24-hour access to continuous intensive evaluation and treatment delivered in an Institute for Mental Disease (IMD) as defined in CFR 435.1010 for acute and subacute inpatient psychiatric or substance use disorders.  |
| BCM07-<br>TP_4DII_15 | Rapid Care Services<br>Children and Adults<br>with Mental Illness<br>and/or Substance<br>Use Disorders | S9480 U5: Rapid<br>Care Services<br>Low<br>S9480 HK U5:<br>Rapid Care<br>Services High | ES | Rapid Care Services allow time for extended assessment which may involve a clinical interview; assessment by clinicians, nurse, and/or psychiatric staff; various screening tools, with the ability to observe the member over a longer period to determine if symptoms increase or decrease; response to any administered medication; or other treatment interventions to determine the ongoing treatment needs of the member. |
| BCM07-<br>TP_4DII_8  | Family Centered<br>Treatment (FCT)   | H2022 U5 U1<br>H2022 U5 U2<br>H2022 U5 U3<br>H2022 U5 U4                               | ES | Family Centered Treatment (FCT) is a comprehensive evidence-based model of intensive in-home treatment for at risk children and adolescents and their families. FCT is a researched, viable alternative to residential placements, hospitalization, correctional  |

|                      |  |            |    | facility placement and other community-based services.   |
|----------------------|--|------------|----|--|
| BCM07-<br>TP_4DII_16 | Residential<br>Services- Complex<br>Needs                            | H0018 HA   | ES | Residential Services — Complex Needs is a short- term residential treatment service focused on treatment of member with cooccurring conditions and complex presentation. The members being served through Residential Services — Complex Needs will benefit most from a multi- disciplinary approach with staff who are trained to treat I/DD, mental health and severe behaviors.   |
| BCM07-<br>TP_4DII_11 | Individual<br>Rehabilitation,<br>Coordination, &<br>Support Services | H2017 U5   | ES | The purpose of this service is to enhance, restore and/or strengthen the skills needed to promote and sustain independence and stability within the individual's living, learning, social, and work environments. IRCS is a skill building service, not a form of psychotherapy or counseling.   |
| BCM07-<br>TP_4DII_9  | High Fidelity<br>Wraparound (HFW)                                    | H0032 - U5 | ES | High Fidelity Wraparound (HFW) is an intensive, teambased, person-centered service that provides coordinated, integrated, family-driven care to meet the complex needs of youth/young adults who are involved with multiple systems (e.g. mental health, physical health, child welfare, juvenile/criminal justice, and education), experience serious emotional or behavioral difficulties, have dual diagnosis (MH and/or SUD, and IDD) with complex needs, and are at risk of placement in PRTFs or other institutional settings, and/or are aging out of Department of Social Services (DSS) care. |
| BCM07-<br>TP_4DII_17 | Young Adults in<br>Transition  | H2022 U5   | ES | The Young Adults in<br>Transition service is a home<br>and community-based   |

|  |  | outpatient intervention that supports transition-age members (ages 16-24) with behavioral health diagnoses of mental health disorder, with or without a co-occurring substance use disorder, in reestablishing the knowledge and skills necessary to live independently. |
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ILOS that have received conditional approval from the Department are effective through December 31, 2023. If the BH I/DD Tailored Plan wishes to continue offering the conditionally approved ILOS beyond December 31, 2023, the BH I/DD Tailored Plan shall resubmit the Department's standardized ILOS Service Request Form at least ninety (90) Calendar Days prior to December 31, 2023.